







































7 SEFLIST

BOM

PRESIDENT - JOHN MOOLE VP - MILLIE RUTT SECRETARY - TESSA BAILEY FINANCE - JEIS EDINGTON TEAMS & COACHING LINCOLN GREEN UMPIRNG - ASHLEE MALCOLM SOCIAL & RR - ALISHA NOLAN

COACHES

WOMEN:

CLI - TIMMY BORRETT

CLZ - JAMES WATEON

\$ JACKSON LECKE

SLIA - MORCIAN WILLIAMS

SLIB - MAT EVANS

SLZ - KENNY DUREN

SL3 - ADAM COUGULAN

SLY - PRAM DE LAAT

& MATT LUFF

MEN:

CLZ - STIRLING SHARPE

SCOTT MOORE

SLZ - CHANTELLE BLACKWELL

SL3 - JESCICA EDINGTON

& BIANCA LETKI

SLY - BRETT LOITERTON

MIDWEEK - BEN D'SULLIVAN

YEARBOOK - SCOTT MOORE

PRESIDENT'S REPORT

As another season comes to an end this report is a good chance to look at the highlights of 2017.

THE NUMBERS

219 Registered Members

188 Games umpired

22 Umpires

16 Coaches

13 Teams

6 Team in finals

2 Teams Grand Finals

1 Minor Premierships

ON FIELD

The 2017 season started with us submitting proposals to include a Men's CL2 team for the first time in five years and a second Women's SL1 team. Luckily, we were successful in entering both of these teams. for this reason, 2017 was expected to be a 'rebuilding year'. Fortunately, as we look back on the season we have exceeded expectations on the field with two out of our seven women's teams (CL2, SL1b) and four out of our six men's teams (SL2, SL3, SL4, MW) in finals, with two teams (MSL2 and MSL3) making the Grand Final.

Regardless of your teams results this year I hope everyone had a great season and will be back for a bigger and better 2017!

OFF FIELD

Communication

One of the BoM's main goals this year was to improve communication both from the BoM to members and between all members of the club. As well as the weekly Devils Digest email, social media posts we initiated teams posting their results in the Facebook group and including their Player's Player this is a great way for all club members to know what is happening in teams other than theirs and help with the culture of the club. The BoM has also tried to be more clear in its communication to members so people understand why we do what we do.

Another great tool in improving communication was the development of our new website, a big thank you to lan Morrow to putting the website together. This website is not only visually appealing but now has the facilities for players to see live statistics on games played and goals scored.

Culture and Social Events

We pride ourselves on being a hockey club that not only plays great hockey but is a place where lifelong friendships, relationships, marriages and increasingly babies are made! This doesn't just happen; the BoM has a number of ways that we aim to maintain and improve this culture. These include encouraging members to watch games other than their own, hosting four social functions, finals supporter packs

Finance

We were again able to keep fees at the same price as last year and continue to offer a \$100 early bird discount which was well taken up throughout the club. We aim to keep fees as low as possible for members and believe we have the cheapest senior's fees in the ACT. We can do this by ensuring we continue to support our sponsorship deals and ensuring we have multiple ways to fundraise throughout the season.

The fundraising efforts from previous years mean we could purchase equipment for the club including new first aid kits

for teams, new hockey balls and bibs as well as club polo shirts for coaches as a small gesture of our thank you for their help throughout the season.

I say it every year but if everyone in our club did one thing other than playing each week, whether it be as little as watching another team play, attending a social function or umpiring for our club, or as big as coaching or being on the BoM the club would be better off for it, and I encourage everyone to do so next year.

It would take too long to thank everyone personally, but a huge thank you goes to every player, coach and umpire who has helped to make the club better in 2017!

Lastly a massive thank you to the BoM who give up their time to organise the season. Take your time over the next few weeks to appreciate the amount of work that goes into running the club and thank each of the board members!

Good luck to all teams in finals, hopefully we have a great end to 2017 and an even better 2018!

Jolly Moore

2017 AWARDS

TEAM AWARDS

Women's Teams:

CL1

Player's Player: Meredith Bone Coach's Award: Tessa Bailev

CL2

Player's Player: Jessie Thearle

Coach's Award: Clare Bradshaw

SL1 A

Player's Player: Simone McKenzie

Coach's Award: Maddy Novak

SL1B

Player's Player: Zoe Mason & Tracey Hambridge"

Coach's Award: Imogen Bacon

SL2

Player's Player: Morgan Evans Coach's Award: Ashlee Malcolm

SL3

Player's Player: Ange Arblaster Coach's Award: Leah Gerrard

SL4

Player's Player: Naomi Horobin Coach's Award: Katrina Carling

Men's Teams:

CL2

Player's Player: Jackson Leckie Coach's Award: James Watson

SL1

Best & Fairest: Ben Marshall **Player's Player**: Scott Moore

SL₂

Player's Player: Kyle Ratcliffe Coach's Award: Brenden Mand

SL3

Player's Player: Elliott Dodd Coach's Award: Vaughan Barry

SL4

Player's Player: Aidan Smith Coach's Award: Lachlan Dodd

Midweek

Player's Player: Niki Ward Coach's Award: Bram de Laat

CLUB AWARDS

Coach of the Year - Men

Jessica Edington & Biancia Letki (MSL3)

Coach of Year - Women

James Watson &
Jackson Leckie (WCL2)

Umpire of the Year - Men

Bram de Laat

Umpire of the Year - Women

Paige Edwards

Brick Shit House

(Men's Goalkeeper of the Year) Nik Sharpe

Goalkeeper of the Year – Women

Alanah Jensen

Club Most Improved - Men

Andv Martin

Club Most Improved – Women

Ashlee Malcolm

Rookie of the Year - Men

Havden Ross

Rookie of the Year - Women

Niki Ward

Iron Man

(Most Games in a Season)
Bram de Laat

Iron Woman

(Most Games in a Season)

Dawn Vassel

Shooting Star - Men

(Most Goals in a Season)
Stirling Sharpe

Shooting Star - Women

(Most Goals in a Season)

Meredith Bone, Morgan Evans,

& Tania Jachi

Presidents Cup - Men

(Player of the Finals)

Joe Gard

Presidents Cup - Women

(Player of the Finals) **Lauren Freeman**

Club Person of the Year

Ian Morrow

Life Member

Jolly Moore

LONGEVITY AWARDS

100 GAMES

Sheree Murray Jessie Thearle Loren Cousins Brendan Boyd Elizabeth Yuen **150 GAMES**

Millie Butt
Martina Noronha
Bianca Letki
Mark McElligott
Rachel Harrigan
Morgan Evans
Helen Arnold

Helen Arnold
James Watson
Lauren Sewell
Garth O'Connell
Dawn Vassel

200 GAMES

David Murray Elizabeth Mutton

250 GAMES

Emma Prime Peter Carling Jackson Leckie Mat Evans

300 GAMES

Cameron Mortimer Simon Gavin

350 GAMES

Suzi Foley Tracy Hambridge Sarah McCooey

400 GAMES

James Winefield Tracey Hasler

450 GAMES

Robert Ewens

LIFE MEMBERSHIP

Life membership is reserved as an honour to be bestowed by the University of Canberra Hockey Club in recognition of an individual's outstanding contribution to the Club. It is the Club's highest accolade.

This year we are pleased to announce that Life Membership has been extended to the following member:









Jolly Moore

Length of Service - 12 years Games Played - 224

Jolly joined UCHC as a player in 2006, claiming Rookie of the Year for her efforts. Since then she has held numerous roles as a member of the Board, including Umpiring Coordinator in 2008, Secretary in 2009 and Women's VP from 2010-2012. Jolly then became President of UCHC in 2013, and continues in that role to this day as our fearless leader.

Throughout her time with UCHC Jolly has been an integral player in women's hockey. The highlight of her playing career so far has been being part of the well renowned women's first grade team that won five premierships in a row; Jolly helped secure the fifth premiership

by scoring the winning goal in extra time with 52 seconds left on the clock. She has been described by coaches over the years as a determined and passionate player who is always willing to share her skills and experience with her team mates.

Jolly is committed to making UCHC an efficient and successful club. We value her determination and dedication to making this club a positive and welcoming place to belong. With Jolly's leadership, UCHC has been able to maintain its position as the best value club in Canberra. Much of her work as President goes unnoticed, however she has worked tirelessly in the background over the last ten years to help put the club in the reputable position it is in today.

Congratulations on receiving a Life Membership Jolly, very much deserved!





After losing most of our players to higher duties and pregnancy our Midweek Warriors were rejuvenated with an influx of fresh faces. Our new team, with midweek stalwart Mitch Searle, were tasked with defending the Canberra Cup. The season started off strongly with a competitive game against now minor premiers Belconnen, before we lost star keeper Danni Burns to a bout of pregnancy.

After struggling to find our form in the first half of the season our Mighty Midweekers returned well rested after a mid-season bye. We picked up 5 wins and a draw from our last 10 games, setting us up well for a semi-finals clash with ANU.

We entered the semi-final without our leading goal scorer Jack Smart. After a strong start and numerous promising attacks, we conceded an unlucky goal late in the first half. We came out firing after halftime, but conceded 2 quick goals after 10 minutes. We kept fighting hard to make our way back into the game, but couldn't find enough goals. The game ended 5-1 with ANU napping a late goal as we attacked aggressively.

The team has been such a pleasure to coach this year.
Despite our long list of fill-ins, the team has maintained a positive and enjoyable atmosphere each week. We have had a big focus on having



fun and not talking back to the umpires and (with the exception of Andy and I) the team stuck to this goal. I couldn't have asked for a lovelier bunch of players and fill-ins to have a meal or a drink with after our games.

A big thank you to Danni and Helen for running the bench this season and to all our injured players who turned up and supported each week. Finally, a huge thank you to Alisha Nolan, whose recruiting and organising turned half a dozen players into our Mighty Midweek Warriors.

Danni Burns

Danni had a dominant first game in goals before becoming pregnant. Despite this, Danni ran the bench for almost every game and offered invaluable goalkeeping coaching to super sub Matt Luff.

Niki Ward

Niki was strong and reliable at the back, shutting down opposition attacks and setting up the play. Niki was regularly rewarded with RUC Player's Player. We missed Niki while she was in South America and her return brought a lot of strength back to our defensive unit

Ben '6 point feedback' O'Sullivan

Always looked more comfortable when coaching from the sidelines.

Bram de Laat

When Bram isn't completing Sudokus in record time he dapples in shredding opposition players and scoring cheeky goals. Bram has been strong in defence and fairly versatile, sneaking forward to score a few goals.

Lou Kempson

Lou was a rock in defence in the first half of the season. After heading to Malaysia for several weeks, Lou has come back strong and performed well over the last month of the season.

Sally Masters

Despite missing a few games due to injury Sally was dependable in defence and a general pleasure to have in the team throughout the season. Sally worked hard throughout the season and has continually improved.

Kieran 'Hitchcock' MacGillicuddy

Kieran was a strong contributor to the team, bringing Niki with him most weeks. Kieran was tight in defence and worked tirelessly on his game throughout the season. Despite taking his opportunities on the hockey pitch. Kieran was not as opportunistic off the pitch.

Mitch 'I'm slightly less late than Jack and Paul' Searle

Three-time defending Canberra Cup champion Mitch Searle had it all to play for this season. Mitch was dominant in the midfield, playing a key role in both attack and defence. Mitch was an invaluable teammate, deservedly winning RUC Player's Player in our Semi Final match.

Paul 'run the angles' Sureda

Paul was a valuable member of our midfield, regularly stripping opposition players and setting up attacking opportunities. He brought a lot of experience and hockey knowledge to the team.

Jack Smart

Jack was our leading goal scorer and regularly set up opportunities for other players. Jack was regularly rewarded with RUC Player's Player. If only Jack's punctuality matched his hockey ability...

Brendan Boyd

Brendo's pace was an asset to the team, tearing up opposition defences. We missed him after he moved to Sydney late in the season.

Kade Carr

Kade was a genuine utility player offering us strength up front as well as down back.

Despite missing several games through injury, Kade showed up each week and was a great teammate on and off the pitch.

Sonnie Taylor

Sonnie has been a reliable attacker playing well as an inner and striker. She regularly gets in dangerous positions and puts pressure on the opposition defence.

Morgan Evans

Morgan offered us pace on the wings. Despite demanding that she was never overheaded the ball, she regularly trapped overheads and created attacking opportunities. At times Morgan was a little too keen to score trying to beat the entire opposition on her own.

David Nugent

David worked hard all season. He continually improved and picked up a RUC player's player for a dominant performance late in the season. David also helped out the SL3 men when they were short.

Matt 'I don't need pads' Luff

Matt showed off his goal keeping ability in the summer season, where he effectively played keeper with no gear. After his dominant performances in the summer season Matt was scouted as a replacement for Danni. He won RUC Player's Player in his first ever game in goals.

Andy 'green card' Martin

Despite his love of arguing with the umpire, Andy was a welcome addition to the team and a great regular fill-in. Andy contributed well up forward, but won RUC player's player in his only game as fullback. Andy is considering a position change in the offseason.

Liz de Fegely

Liz was a welcome interstate import in the second half of the season. She was consistent in defence and snuck up the field to score a couple goals late in the season.

Guri Saini

Guri was also a welcome addition to our team in the second half of the season. Guri always looked dangerous up forward and scored a few sublime goals. Guri also helped out the SL3 men when they were short.

Chris Giannasca

Chris was a dominant player early in the season. Chris' skill and hard work was rewarded with him leaving the team so he could step up to CL hockey with Central.

Lauren Scott

Lauren was reliable up forward in the first half of the season, before moving away from the ACT. She will be remembered for the cracking one touch goal she scored from the baseline.

Helen Arnold

Helen was a strong supporter of the team all season. She filled in for one game and ran the bench for several. She regularly brought food to bribe the umpires.

A big thank you to all our fill ins;

Benji Marshall, Bianca Letki, Dawn Vassel, Stephen Bird, Ash Malcolm, Kyle Radcliffe, Rob Ewens, Tessa Bailey, Skip Moore, Mat Evans, Sean Willis, Joe Gard, Jess Edington, Sarah Dart and Pete Carling.

Cheers Ben.



MSL4 'The Beership'. SEASON RECORD

2017 was a very good year for the Beership. After three consecutive years of finishing 5th we managed to snag a spot in the top four. The lessons from last year were learnt and we played some pretty good hockey throughout the year.

We started the season slowly. A big first up loss to Queanbeyan was followed by

another last minute loss to Tuggers. After 4 games we only had one win on the board and it looked like we could be in for a rough season. It was about this time we clicked and managed to win our next five games. Another loss to Wests then saw us have another run of 5 wins. This guaranteed us our top 4 finish and allowed us to rest the many injured players we had in the squad. Particularly pleasing was our last round thumping of ANU. To beat these guys three times in a year was particularly awesome. To see Big Boy in full flight to take a stroke (and score) was also one of the highlights for the year.

We went into our semi-final vs St Pats with a plan. The 'Dan Plan'. We needed to curtail the influence of their very good midfield after they had beaten us 4-0 about three weeks ago. To some extent the plan worked as we starved them of opportunity and we only conceded a streaky short corner goal. Unfortunately all our defensive efforts meant our forward structure wasn't as effective and we couldn't manage to score an equaliser despite some close efforts. I was very proud of the way we kept in the game and lifted our intensity to the required level. Maybe next year boys. Thanks to Jess for running the bench for us in the final and good luck to her mighty SL3 team (particularly to former Beership alumni Gumby).

We had our usual share of player movement during the year - injuries and unspecified absences took a few of our experienced players away but thankfully with the help of a few ringins we managed to get a full team on the park every week (thanks Linc!). We had around 20 players with game time in the end and I'd like to thank all of them for their efforts.

I'm handing our 'handbag' award to Garth with his 'broken' hand with bones sticking out turning out to be not missing a game injury. Soft Garth – we could have used you in that 2nd half.



Discipline was again a highlight of 2017. Linc was on card watch for most of the year and even managed to have a chat to the tribunal for his on-field umpiring concerns. Linc is always nothing if not polite. We even saw some green in our semi-final with both John being carded for barging (we call it momentum) and Will for petulantly hitting the ball away. Obviously need his second babychino for the morning.

I hope all the lads had as much fun playing this year as I did. The new field at Tuggers made the trip out there less horrible and our game times seemed more reasonable this year. Making the finals after getting so close in previous years was a great reward for effort and I hope we can challenge for the premiership in the coming years.

The season went by in a flash and I'm already champing at the bit for next year even if my knees are far more happy it is all over.

A summary of the 2017 season:

Round	Team	Result	For	Against
1	Queanbeyan	L	1	6
2	TVHV	L	1	2
3	North Can	W	3	1
4	Wests	L	0	2
6	St Pats	W	2	1
7	Central	W	1	0
8	ADFA	W	1	0
9	ANU	W	4	1
11	Wests	L	0	3
12	St Pats	W	3	0
13	ADFA	W	3	0
14	Central	W	3	1
15	North Can	W	2	0
16	TVHV	W	2	0
17	ANU	W	2	1
18	Queanbeyan	L	2	3
19	St Pats	L	0	4
20	ANU	W	6	2
SF1	St Pats	L	0	1

BEST AND FAIREST

Voted on by team members after each game. Each player gives six votes (in three, two and one format) for best on ground performance. Top three for the season 2017:

- 1 Aidan Smith (185) welcome back Dos. A well deserved B&F for a guy that didn't stop carving up the opposition.
- 2 James Fergusson (113) imagine how many votes and goals if he played a full year!
- 3 Lachlan Dodd (106) newbie that had running.

COACHES VOTES

Voted on by the management team after each game (we forget about 'training'). This is a reward for effort and for working to help your team mates.

 1 - Lachlan Dodd - always tried to follow the coach's instruction and never stopped running.

PLAYER PROFILES

Lincoln "Sneaky Balls" Green

Position: Centre Half B&F: 92

As always Linc managed to get us moving forward. His work with the aerial ball was always entertaining and led to some great goals. Higher success rate this year so keep up that gym work it is obviously working. As always Linc kept us entertained with his battles with the umpires. His look of resignation when he saw who was officiating was always entertaining.

John "...the Reverend" Lovejoy

Position: Fullback B&F: 16

Had a good year. Struggled with leg issues at various times but never gave up hunting forwards down and cutting off enemy attacks with excellent axe work. His ability to read the play and time his cut outs was always a highlight. Enjoy the cruise John.

Dan "the Man with the plan"

Position: Forward / Midfield B&F: 106

Dan remains our ideas man. He managed his injuries to give us another excellent forward option. His combination with Garth is always entertaining to watch as they 'Shake and Bake'. With improved fitness came the opportunity to put a close down role on his opponent in our semi-final. Always thinking on field and off. Another great year.

Mat "Big Boy" Evans

Position:Goalie Goals Saved: 510 B&F: 102

Bigboy managed to keep us

in a number of games with his trademark reading of the play. Managed to save a stroke and score one in the same year. The run through the middle to take his stroke was a thing of beauty. In fact I think his run was quicker than the stroke he took as it dribbled over the line. Thanks for keeping us in it this year BigBoy.

Brett "Chunkers" Loiterton (Player Coach)

Position: The lazy back B&F: 44

Injuries robbed me of my best form in the latter half of the year but with some overdue physio I managed to get back on the park to marshall the troops from the back. Sadly planted on my ass by the chick from ADFA but I think that means she likes me more than Dos

Garth "Y-E-L-L-O-W" O'Connell

Position: Wing/Inner B&F: 62

I reckon we got more games out of Garth this year as I'm sure I heard the "Y-E-L-L-O-W" chant more times. Sadly missed our semi-final where we missed his never say die intensity. Not shy to have a run as an Inner and mix it up but always at his best flashing down the right wing with his 'Shake and Bake' partner Dan in tow.

Ian "Black Balls" McHenry

Position: Midfield B&F: 64

Ian was rock solid in the middle of the park this year. He found some consistency in stopping his opponents with excellent timing and persistent tackling pressure. Managed a few more games this year and showed the rewards for it.

Will "The Babychino" Redmond

Position: Inner / Midfield B&F: 84

After getting our B&F last year Will was able to get some breathers this year with us picking up a couple of running players. He became a dependable right half for us and always managed to inject himself into the play. Didn't manage to snag a goal for the year and he owes Kade a nudie run. Hope pres night isn't too chilly. Perhaps warm yourself up with a nice frothy babychino.

John "JB" Blood

Position: Wing / Midfield B&F: 31

Like a good wine......yes JB managed another good year on the park. An unselfish player who relishes the opportunity to take on the cocky youngsters in our grade (for JB this means anyone under 50). Even managed a goal this year so played his role up forward and covering in the backs.

Dave "One Handed" Smith

Position: Inner/ Midfield B&F: 38

Dave only played a handful of games this year (despite his playing record having more) but whenever he was there we were a better team. He has the ability to switch from attack to defence in the blink of eye and he is always positive. Positive that his opponent won't get away from him without at least some contact.

Andrew "Smithy" Smith

Position: Left half B&F: 61

Andrew managed to maintain his remarkable consistency at left half. Rarely did his opponents get the better of him as he managed to cut down attacking thrusts with his trusty tackling technique. Often trusted his fullbacks a bit too much with back passes but I'll blame their lack of run more than the intent of the pass.

Rhian "The Flash" Blackwell

Position: Wing/Inner B&F: 92

Rhian maintained the rage in 2017. As a fullback I enjoy nothing more than seeing the streak of red taking on old lazy fullbacks from opposition. He scored some cracking goals and always managed to create

entertainment for those around him. Children mellowing him out. I think not.

Kade Carr

Position: The Fix it man B&F: 35

A new face for the beership and Kade fitted in with aplomb. Happy to take any role offered on the park and also ably managed the side form the sidelines when his injuries took their toll in the middle of the year. Comfortable forward and back and managed to get some quality balls away under intense pressure. Good luck with your new arrival over the off season.

Brett "not the big one" Waldock

Position: Forward / Midfield B&F: 18

Brett managed to score some cracking goals this year and created a solid focal point up forward. His support play was to be admired and he always managed to stay involved in the game. Took a few weeks to travel north and came back a new man with renewed energy and run. Mid-season trip every year from now on?

Lachlan Dodd

Position: Inner / Midfield B&F: 106

Lachlan was another newbie for the Beership and we were also the better for it. Another of those lads that can run is always appreciated. We almost have a full running midfield now. No wonder we made the finals. A coach's delight as he was always willing to do whatever was required of him. A worthy recipient of the coach's award for 2017

James "Surge" Fergusson

Position: Inner/ Midfield B&F: 113

A few more games for Surge this year and our team benefited greatly. Now that we realise that attack is what he is destined to do we have stopped popping him at inner and we are seeing him at his best. A few more games next year will see us near the top of the ladder again. We love watching you work Surge.

Aidan "Dos" Smith

Position: Inner/ Midfield B&F: 185

I was particularly pleased when I heard our resident vote and lady puller was back on deck for 2017. The kid can play and always gave his most to get us across the line. Managed to outrun his opponents (and most of his teammates) on a regular basis and a very worthy winner of our B&F award for 2017. Still owes us a few beers though for all those yotes.

My thanks to all those who played minutes for us and helped keep us in games.

Finally – it was fantastic to see some more continuing success for the club across both men's and women's grades and in particular I wish the boys from our grade all the best in their pursuit of premiership glory with SL3. As Garth would say – "GO UC!"

BRETT



The Men's SL3 team started the season with a number of challenges:

- Two rookie coaches who had no idea what they were doing.
- Nine new players to the club, and some new to hockey.
- A team with a majority of forwards.

Depsite the challenges, the team quickly built their cohesion on field, their skills and structure week after week. After all, a team of champions does not make a championship team.

The turning point in the season was our back-to-back games against St Pat's when, despite some interesting on-field tactics by St Pats, the team banded together and were able to put away a win for both games which bumped them into second place.

The season may have started slow, but by Round 20 the team had beaten an undefeated Central and managed to secure a spot in the finals at third place. After a superb game in the semi-finals, they managed to beat Tuggeranong and go on to the prelimanary final. A huge congratulations to them for their acheivements this season.

We would like to thank the team for the hard work they put in, the improvements they made as a team and to our players who sustained injuries but still game to games and training to support the team. We were



always amazed (and pretty surprised) by the great turnout at training and the effort they put in – even in the pouring rain!

Josh.E

Josh had an outstanding season in the halves and without a doubt, one of our most consistant players. Josh has an amazing tackle and we could always rely on him to shutdown players, even though he didn't always seem fond of the running. He developed his attacking game this year, building on his solid defensive foundation.

Kieran

Who would of known Kieran had never played a team sport before this year! Kieran is always looking to develop his skills and improved significantly over the season. We saw him go from power lifting to having a mean power tackle. Kieran has been a great addition to the team and club this year, always having a smile and a positive outlook.

Elliot

Another new face to the club making the switch from grass to synthetic turf. We threw Elliot into a new position on the field and he welcomed the challenge. We got to see Elliot's confidence grow every week. Elliot has improved an incredible amount since the start of the season and we look forward to seeing what he can do next year.

Bram

Bram is a consistant player who is strong in possession and although we someitmes forgot to give him a sub, he put his all in everyweek. Bram was also very capable and happy to play many positions. His strong skills, ability to read play and distribute the ball contributed significantly to many succesful games.

Brendan

This year we convienced Brendan to play in the backs and halves, which is where he stayed all season. Brendan was solid as a back and his tackling improved immesly over the season. Unforunently, due to a dislcolated shoulder Brendan missed finals and while we missed him on field, he came to the games to cheer us on.

Richard

Richard was a new addition to the club this year, and made an impact in the backline as a solid defender and a excellent distributor of the ball. His impact was noticebly missed when he still received best and fairest votes for weeks he was away!

Vaughan 'Gumby' Barry

Gumby was the back bone of the team and even when injured was the first to training and always at the game to support the team. Gumby made coaching easy this year, when games weren't going our way or the team lost its structure Gumby brought it back together and focused on the positives.

Joe

We were extremely happy to have Joe as our keeper this year. Not only was Joe an excellent keeper, he provided valuable guidance to our structure in defense and attack. Joe also made a celebrity appearance on the field for a game, and in great goalie style used his goalie stick.... he did nearly get a goal.







Owen

Owen has great passion for the game and want to be on the field which led to some amazing goals being scored. Though, it's lucky our 'bald striker' doesn't have any hair or at times he would have torn most of it out. Always available for a bit of banter and a brew after the game, he is an awesome addition to the club.

Alex

Alex was another new addition to the club, making the switch from grass to synthetic. Though his shoes didn't adapt so well to the hybrid turf, Alex had a great season and improved throughout. He might be 'The Flash' reincarnated as despite running the whole game, he rarely looked tired and we routinely forgot to give him a sub.

Bevan

Making a return to hockey after a few years off and another fresh face to the team, we saw Bevan dust off his hockey skills and go from rusty to always putting in 110% to every game. After a few injuries saw Bevan miss some games in the middle of the season, he came back for the finals with more determnation in his game.

Mark

Mark brought his hockey wisdom through his knowledge of the rules and experience of the game. We can always rely on Mark to have an empathetic but stern chat to the umpires after a game to let them know when and how they were wrong. He was very missed during his tournament in the UK, but glad he made it back in time to finish his season with finals.

Matt 'body on the line' Luff

Luffy's sliding improved this year – both in goals and onfield. We would have preferred less sliding (and slips) on-field, but were impressed by his dedication and the number of injuries he sustained. Luffy received a number of injuries during the season. Jokes aside, Luffy was huge part of the team and the wider club – going to various games of other teams and filling in as goalie whenever needed.

Farish

Farish started the season as a quiet addition to the team, but as the season progressed his confidence grew, as did his strength on the ball and his ability to read the play. This saw Farish end the season with some trully spectatular games.

Ken

Swing no ding!!! Joskes aside, Ken always brings a great amount of team spirit, revving the guys up in team chats and always encouraging them on field. Despite sustaining some knee injuries in the middle of the season, getting Ken to slow down is never an option. He's always the first to ask where he's playing, even if we've just pulled him off for sub!

Josh.G

Despite sustaining numerous injuries, we know Josh will always have a teaspoon of concrete and get back on the field. Josh always positioned himself in a great spot and made some great leads on the field which allowed him to create some dangerous attacking oppurtunities.

Chris

Or was his name Richard?
Nevertheless, we had some guy come and play for us for the first half of the season, and he was pretty good too. Alas, he left us halfway through the season to study in the US and was greatly missed.

Many thanks to everyone who filled-in for SI3 this season. It is always appreciated when people fill in to help out the tram. I'd like to pass the appreciation on to Dave Nugent, Gurpreet Saini, Will Redmond, Aidan Smith, Lachlan Dodd, Linc Green, Mat Evans, Rob Ewens, Kyle Ratcliffe, Steven Gee and Simon Gavin for contributing to the team throughout the year

We would also like to thank everyone who was involved and a part of the our Men's SL3 team this season: our wonderful supporters who game to many games to cheer us on, Chantelle for always being accomodating and all the help at training and Mat Evans for letting us steal his drills and team speeches.

We really enjoyed coaching this season and are looking forward to seeing what the team can do next year.



As with every year as a coach, you wonder what you type of team you might end up with, who isn't returning, who is new to the club and who is coming back after having a hiatus from the club? 2017, was no different, with some fresh blood to the club and also fantastic to see a few faces return, just like the prodigal son, once a devil, always a devil...

After a couple of weeks and finalising teams, there was the serious conversation of what would the guys like out of their hockey this year. After the heartache last year of SL2 coming runners up in the arand final, there was some reminiscing of how we felt after that game, and where we wanted to take this year. All of the men really highlighted that our top aim was to make the finals series, and to take some redemption back from last year. We certainly then really focused on improving our game and team dynamic and were able to secure the minor premiership. 1 trophy down, 1 to go...

To assist in our team building this year, we thought we would use our general knowledge, critical thinking, and communication skills and throw all of that in to trying to play trivia, and you end up with some interesting banter amongst everyone. We are very thankful that the RUC has managed to put on some decent trivia that allowed us to get to know each other better.



THE TEAM: Lincoln "Strategic Yellows" Green

Lincoln has had another successful year in goals. Linc stepped up to ensure that every men's team had a keeper this year. Lincoln as many would know, often has a few words to say to the umpires, and this year is no exception. However, realising that the finals series were fast approaching, Linc did everything within his power to try and have a strategic yellow to ensure that he would be able to play all of the finals... Who knew you could talk so much and not get a card...



Brad "The Quiet One" Hasler

Brad has been a very handy addition to our defensive line. Very dependable Brad certainly made an impression within the team on the field. It took Brad a few weeks to warm up to us and to come out of his shell and to not be as quiet as he has been, but that said, Brad is certainly very quiet on and off the field.

Kenny "The Manager" Duren

Kenny no matter which team he plays for makes an impression, whether it be his trademark "unlucky" or his communicative



skills, however he was thrown a curveball this year when he was thrown in the deep end by Brad, to become his unofficial manager, to ensure that Brad made it to games on time, and was aware of when we played. Kenny certainly fulfilled his duties of manager and got Brad to almost every game!

Muz "Dave" Murray

Muz certainly provided us with some entertainment this vear. Muz is one of the quiet achievers, but certainly found his voice one night at trivia when he knew an answer but no-one took him seriously until he got his focused, "I'm right" voice on. Muz also gets a special mention as there is the possibility of misadventure in our best and fairest votes. All season, Muz has been Muz and Dave McNally has been Dave, but somehow late in the season, no-one had actually realised that Dave was Dave and Muz was Muz, and voted for Dave McNally instead of Muz or vice versa... I promise that we don't have affiliations to Russia... Our voting system is legitimate.

Steve "I'll Give it Everything" Madden

Madden has had a fantastic season in SL2- last year filling up in to SL2 and this year made a smooth transition into the higher grade. Everything I asked of him, he certainly gave it everything he had. Mads has improved out of sight this year and proved to be a force to be



reckoned with in the halves. He also goes pretty well at trivia, providing some interesting facts in his knowledge.

Mick "Always There" Collins

Mick has had another cracker of the season playing a pivotal role in the centre for us. Mick like a mature scotch has only improved with age, and this year is no exception. No matter the circumstance, Mick always gives 110% and has the energy of a teenager. Mick dominated this year, and no matter where you looked, he was always there.

Steve "I like not playing Inner" Gee

For anyone that knows Goggs well, knows how much he despises player the role of inner, and this year he relished in the fact that we had people dedicated to the role and that he could just play everywhere else. The plan was working quite well, until Kyle upped and left for the NT... At least it's only a handful of games... And there has been no mention of "specialist" exclusions this year...





Hayden "Harold" Ross

Hayden was a brand new addition to the club, after not playing hockey for 10 or so years. Hayden picked up his skills again quickly and adapted to the new rules, and also showed his fitness ability by being able to run and run and run... However, being quite tall, Hayden looked like a giraffe running on the pitch, and quickly ended up with the nickname of Harold, as in Happy Healthy Harold from the life education van... I think that Harold has really stuck!!

Simon "Everyone Else Duck" Gavin

Simon has had another successful year on the pitch and provided lots of opportunity for our attacking chances. However, at training, Simon proved that he does indeed have a cracker of a shot, and Kenny and Madden had some decent bruises to prove just how powerful Simon can hit the ball.

Dave "I'm just playing this year" McNally

This year Dave stepped down





from the captaincy and just focused on playing hockey this year. As always, Dave provided strength and leadership in the forwards and once again was our top goal scorer for the team. Dave, also gave himself a huge challenge this year by participating in the refugee challenge where he lived on rations, and this also coincided with a super Saturday-which meant fried chicken, lots of beers and a very hungry Dave just off to the side. We did assure him that McDonald's drive through was 24hours and we believe he was there right on midnight when the challenge ended!

Sean "I'll be Late Coach" Willis

Sean this year had a season that had 2 foci, one being playing and the other being umpire. Without a doubt half of the season I heard, "I'll be late coach, gotta umpire," but all his hard work paid off in umpiring with him working his way up the ranks in the CL grades. Sean also provided great entertainment in his jokes, his "favourite" undies that we saw every week and maybe a few





things that can't be mentioned in the yearbook...

Chief "Paul" Harrigan

Chief has had a stellar season playing in the midfield. He has provided us with plenty of laughs, some spectacular goals, and providing the elusive "tattoo" club. I have lost count of how many people are now getting tattoos to show off at pres night... But he has certainly kept count of all of those tomahawk goals and who gets membership in the elitist club...

Kyle "I'm a Member of the Club too" Radcliffe

Kyle has also had a phenomenal season in the midfield. After having a couple of years off to teach in the motherland, Kyle returned with passion and a fire in his belly to winning, and giving it everything he has. He is also on of the inaugural members of the elusive tattoo club, and as co-president with Chief has ensured who has gained membership...





Rob "Bananas" **Ewens**

There are a few players within

the team that have a few rituals

before games and Robbie is no

exception. You can guarantee

that before any game Rob

is often eating his bananas

to ensure he has fuel loaded

appropriately to ensure peak

performance. You can also

guarantee that Robbie has

shares in Elastoplast to tape

his fingers every game, and no

matter how many times we tell

him a glove would be cheaper,

Brenden "Get Fired

Brendo returned to the club

after being off for a year or so

with injury, and automatically

of hockey and scoring goals.

Brendo provided leadership

and mentorship of the forwards

and managed to always have a

positive attitude no matter the

circumstance. Brendo is also a proactive member of the tattoo

club and well, if anyone is going

to actually go through with it,

just slotted back in to the swing

Up" Mand

the tape comes out every week...

Zeb was sort of thrown in the deep end this year and made captain of the team. Zeb is someone who every year shows leadership and mentorship to everyone in the team, and was the obvious choice for captain with Rob as vice-captain. Zeb has continued to be a pivotal member of the defensive line and the quiet voice of reason when it came to dealing with umpires...

As with every yearbook write up there a couple of people that firstly the team would like to thank. To Rhian, Paige, Jim, Cam, Forrest, Josh, Pete, Mitch and Daz who filled in for us throughout the year- thank you so much for helping us out. We can't wait to see what next year holds for you... To those that came and supported us each week, we thank you for letting us play a game that we love. with a bunch of blokes that we like hanging out with- so we thank you...

As usual. I have a few personal thanks. Firstly to my husbandthank you for looking after the kids while I focus on hockey,



Zeb "Captain" Holt





To my guys, every year this gig becomes more and more rewarding. Thank you for all of your hard work this year, it has paid off and we have certainly achieved everything we set out to achieve. #ducksflytogether #inspirationcomesfromstrangeplaces

for just being awesome-both

Rhian and I have certainly

appreciated everything you

have done this year for lvy...

Chantelle





STATELEAGUEONE

Consistency

[kuh n-sis-tuh n-see]

1.

a degree of density, firmness, viscosity, etc.: The rain had the consistency

of beer.

2.

steadfast adherence to the same principles, course, form.etc.:

There is consistency in his pattern of being sent off so often.

3.

agreement, harmony, or compatibility, especially correspondence or uniformity among the parts of a complex thing:

Consistency of a starting XI throughout the season was lacking.

There was a consistent inconsistency in the UC SL team.

I think it's safe to say that this year's SL1 team may not quite have lived up to the dictionary's lofty standards of what "consistency" is, but even though we didn't win as many games as we would have liked, we remained competitive throughout the season, and were rarely out-played by any opposition.

This year's SL1 team saw experienced players, new faces and so many beards come together for what promised to be a pretty exciting year.



Unfortunately our results didn't quite match the commitment and effort that went into each game from the team, as we dominated field position but found it difficult to capitalise on our ascendency, and did not trouble the score board as often as we should.

SL1 incorporated a cast of thousands (31 to be exact) to get through 2017 – thank you to everyone who pulled on a shinpad and picked up a stick for us this year – Dave, Leck, Sesh, Jarrod, Mitch S, Kyle, Paul, Ritchie, Pete, Robbie, Simon, Toddy, Tommy and Zeb – thank you for your efforts!

ONTO THE TEAM:

Cam Esler

Cam had a stellar year in goals this year, stepping up in both his defensive efforts and his rounds at the bar after the game. Cam single-handedly kept us in many games during the season, and made the hard saves look easy. That's why we stayed well outside of the circle

in defence; it's a much better view from back there.

Will Rose

Unfortunately Will's season was cut short by injury, with the official diagnosis "It's f*cked." If we could have kept a fully-fit Will for the season, it could have been a very different year for us. It could have also been worse than it was. I guess we'll never know, but we are looking forward to having him back next year in any case.

Matt Williamson

A new face to the club this year, Matt "that big guy with the beard; no, the bigger guy with the beard" Williamson fit into SL1 perfectly. With a great defensive mind, Matt was never afraid to throw himself into the play to break down a play or break down a player.

James Winefield

Jim is one of the most improved players in the club this year, and was brought into the team to bolster our defensive ranks. With a never-say-die attitude and a mantra of "ball or man gets past, never both", Jim delivered a fantastic defensive effort all season, and was instrumental in delivering some amazingly straight passes around waist height from point blank range.

Ben O'Sullivan

Ben consistently peppered our forwards and midfield with long-range overheads all season, giving the team another effective outlet from defence, and a great variation on short corners. With a long reach, great agility for a tall guy and a zen-like calm during games, Ben frustrated the opposition all year with solid efforts all season.

Forrest Mortimer

Making his comeback from off-season illness and injury, Forrest settled back into the team weaker, less fit and less aggressive, but with his beard at full power. A more streamlined Forrest saw a new style of play that involved more finesse and less arse-barging – hopefully next year we can find that sweet middle ground of finessed arse.

Mitch St George

Mitch was a great asset to the half-line and midfield, injecting himself into the game with great success and youthful abandon – we're hoping that he ages like a fine wine, or a cask of Fruity Lexia. Always willing



to ask questions, Mitch either didn't understand what we were talking about, or was showing us how keen he was to learn more. Either way, he had an outstanding season.

Russell Thomson

When Rusty wasn't being poached by other teams, he was dominating the shit out of SL1. A great turn of speed, a mountain of control and four buckets worth of vision made Russ an asset to any team (that explains the constant poaching, I guess). A great year, unfortunately off-set by niggling injuries and the aforementioned poaching robbed him of a more consistent season - can't wait to see you in action again next year, possibly even for our team. But probably not.

Chris McNally

As one of the veterans of SL1, Beaky stepped up this season to lead us on and off the field as our fearless captain. He was someone the guys resepcted and it allowed him to add a calming influence and voice of wisdom to his already excellent stick skills, versatility and slowly diminishing pace. And as a bonus for him he managed to only miss three games through injury this season (and maybe a coupledue to the birth of his little boy).

Scott Moore

Skip controlled the centre-half position this year, showing great vision and touch with



his deft passing, mixed with determined runs into the circle with some great skills. The opposition couldn't keep up, and neither could we, so we'd just stand back and watch him go most of the time.

Ben Marshall

Benji has that unique talent of doing a whole lot of things and making it look like he isn't really doing much of anything. By the time you've worked out what he's doing, he's tackled you, dribbled past you and three other blokes, had a shot at goal, bought a round of beers and finished a triathlon.

A well-deserved Best and Fairest for the year, Benj had another standout season.

Rvan Dix

Having a player like Biebs is a great luxury for any team; whenever you have some raw pace, youthful good looks and boyish charm on the field, you could be in for some amazing goals (or at the very least, a decent boy-band dance). Biebs put in a huge effort as an impact player for us this year, earning results in attack whenever he had possession.

Jacob Whiting

Frankie was a threat in attack and defence this year – to the opposition, teammates and himself. Boasting some incredible close-in stick skills, Frankie was unlucky not to have scored a thousand goals this year (that would have been



quite handy, actually). Was also unlucky that he had the second shadiest moustache in the team.

Stephen Bird

If you were to look up "determination" in the dictionary, it would have a picture of Birdy, especially if you're using an illustrated dictionary, which I think would be a really big book. With a huge drag and a powerful shot, Birdy was a great threat up front for us this year, and earned himself a couple of call ups to play (and score) for CL2.

Daniel Tuddenham

Tuddy had a quiet season by his standards, which is actually a really good season by anyone else's. With both eyes on the goal at all times, Tudd's only speed is "flat out". While we didn't get to see his rocket hit as often as we would have liked, Tuddy still had a great year and is the proud owner of the world's dirtiest moustache.

Andy Martin

With a great turn of speed.
Andy proved to be more
than a handful for opposition
defenders this year. With a
permanent smile on his face,
Andy pretty much sums up
what SL1 was all about this
year- getting together with your
mates to play some hockey
and have a good time doing
it. Here's hoping that we see
those pristine white Volleys in
action again soon.



Callum Doherty

Probably the quietest bloke on the team, Callum was also the team's most improved player. With more than a ton of pace behind him, Cal stepped up this year and came looking for the ball from the midfield, injecting himself into the play with increasing confidence and skill. He also has beardgrowing capabilities that are touching on X-men levels of superpowers.

A massive thanks to Skip for taking control of the team and making sure that we had 11 players to run on every week (not always as easy as it sounds).

Cheers, Chris

And just a quick note from me. Firstly, to the boys, I know it was frustrating at times never having the same starting 11, but thank you for the effort you put in week-in week-out. There is a lot of talent in this team, it's just a shame the results didn't go our way. Thankfully we all enjoyed each other's company off the field, otherwise it could have made for a long season.

Thank you to Stirling and the CL2 lads for incorporating us into the tried-and-true squad training sessions throughout the year. Took the pressure off me a bit, and allowed the guys to improve each week.

And to Chris, cheers for stepping up as Captain and for writing this yearbook report! Cheers, Skip



CL2 MEN

Gee whiz! What a year...

Without wishing to turn this into a report about me. I do feel as if I need to describe this season from a personal view point first. I came to UCHC from Tuggeranong's CL1 team and United before that. I was seeking enjoyment from hockey again. To be honest, I was expecting to have fun but not to perform well on the field. Later in the year, I found out that a large percentage of the club thought that the team would not fare well either. Boy, were we wrong! It was great to hear several people over the last round approach me and some of the other boys and make comments about how well we were going and how good it was to see the style and intensity of our game.

I found the enjoyment I was looking for. A great bunch of blokes who were willing to fight to the end of every single game (well, except one). As such, we were bloody well competitive. Only one game blew out to an embarrassing score line. We won six games, drew five, and lost ten. Not a bad record for a team five years out of CL2





and largely unchanged from last year's SL1 team. Teams underestimated us during the first round, but that certainly changed! They acknowledged the strength that we are. They acknowledged the difficult to defend against structure we played. They took us seriously.

Unfortunately, we did not make the semi's. We dropped a few crucial games. A last six second goal against United cost us points. Blowing a 2-0 lead against Wests cost us 3 (but after bar rally, I was impressed we were up to start with!). We finished a respectable fifth and had gained the respect of our opponents.

A very (very) large positive aspect of this season was the size of our CL2 squad – we



used 28 different players over the course of the season. There was real competition for selections from week to week. Sure, some people were disappointed at times but full credit to (a vast majority) who still turned up to training and tried their best, often working their way back into the team. A special mention to Birdy who made his debut late in the season after not even being in consideration at the start. This competitiveness for selections week to week is amazing for our club!!! We got to fifth on the ladder due to this - the pressure to perform each week was certainly on each of us. No one was guaranteed selection. Everyone had to work hard.

Training sessions were hard -



we kept an intensity that would rival most CL1 teams! The structure we played throughout the year was difficult to learn. But we got there in the end and played some very pretty hockey in our last few games.

From week to week, the boys looked excited to play hockey. I'd like to think this was due to the awesome dad jokes told in our pre-game huddle but in reality it was probably just having pride in our shirt and the game. This showed on the field with our team displaying a positive attitude (well, mostly).

A few special mentions - Dean for leading the team; Mitch went the whole season without a card!; Gis got a yellow for standing up for Tyler; Will hit an ANUS player and got a yellow for it; The new guys to the club and to Canberra for joining UCHC; Stirlo for providing more than \$400 of beer for the team; Strikers for scoring goals; Tess and Lish for running the bench; our amazing support crew (WAGS, fellow clubmen and women) for weekly support!

Tip top season gents. Enjoyable.

Stirling Sharpe - Coach





WOMEN'S SL4

This was my second year coaching Women's SL4. It was a fun season with a good group of players. It was a lot more relaxed than last year as we had a more consistent core of players and didn't have to play any games short. Matt Luff joined the coaching staff this year and did a good job with grading, training, warm-ups and sideline support.

This year's Women's SL4 was a mix of familiar, new and returning players. We turned out to have a solid team that played good hockey week in and week out, which unfortunately wasn't rewarded with a spot in finals. We finished in 5th place with 8 wins, 6 losses and 6 draws, only 4 points behind 4th place and 10 points behind 1st place.

The start of the season was a bit rocky while we were trying to find the right positions for everyone. This led to some shuffling of positions during the first few games of the season, while everyone got used to playing with each other. Because of this, we only had 4 draws and a loss out of our first 5 games, putting us in 7th place out of 8 teams.

The team started to take form though, and showed some encouraging play. In week 6 we played the undefeated 1st place team: Checks. We brought our best hockey of the season so far, leading to



our first win of the season: 1-0. This gave us confidence that we were capable of beating any team, and over the next 4 games we picked up 2 more wins (including an impressive 4-0 win over Tuggeranong) and moved up to 5th place, only 2 points behind 4th place.

The team played better each week and started to really come together around the middle of season. We managed to pick up 2 more wins and a draw in the next 5 games. Our good play didn't always lead to the deserved results: we played one of our best games of the season against ANU, but unfortunately couldn't find the net and ended up going down 2-0. After 15 games we were still in 5th place, 4 points behind 4th place.

With 5 more games to go and 4th place still within reach, the team kept getting stronger each week. Unfortunately results from other teams didn't fall our way. After week 18, despite picking up a win and a draw, we were out of the running for finals – but we kept playing great hockey. We wrapped up the season by convincingly defeating Checks (3-0) and ANU (2-0), both of whom had already locked in a finals berth.

The team should be proud of how they played this season. Everyone played very well, leading to each player picking up Players' Player at least once this season. They showed they could mix it up with every team in the grade. Hopefully we see you all back next season.

Helen Arnold

Helen found her way into fullback this season. She was a bit hesitant at the start getting used to the new position, but over the course of the year she settled in nicely. She helped lead the defence through the season with good overview of the game and a loud voice, and also developed a good hit over the season. She was most proud of her runs up the field

though, typically one-handed on her backhand no matter what her coaches told her.

Cadie Artuso

Cadie was our strong and reliable right half back again this season. She is strongest in and around the circle, clearing the ball out of the circle on a regular basis preventing shots even getting to goal. Her flat stick tackles are always a problem for any wing. Despite this, she is her own harshest critic - even when she wins players' player.

Caitlin Baxter

Katie was a powerhouse at fullback. She could be found taking balls from approaching attackers at the edge of the circle every game. She also has a cracking 16 yard hit. helping us set up our attack. Sometimes she did this a bit too enthusiastically, taking herself out in the process. She also used her hit well in our short corners this year, contributing two goals to our tally. She'll tell you she scored three, though, because one of her goals was disallowed.

Kat Carling

Kat was our motor in the forward line. She seemed to have unlimited energy, running from circle to circle to cover both offence and defence for our team. Much of our attacking play ran through her, with Kat both setting up goals for other people and picking up 5 goals



herself in the process. Her strong play really lifted the level of the team, earning her a well-deserved Coaches' Award.

Gab Carrigy

Gab was new to hockey and played in the forward line. She got better each game, improving her skills and managing to find the right positions on the field. Unfortunately, just as she started getting more comfortable with the game, she had to miss the second half of season due to university.

Susan Cuddy

Sue came back for a second season in SL4. She was still coming back from injury at the start of the season, but still had a good work rate. She always plays smart hockey, knowing when and where to go. Back to full force towards the end of the season, she carried the play up the field, managing to pick up a goal in the process.

Suzi Foley

Suzi was our left wing and the team's most reliable goal scorer this season, scoring a total of 7 goals. Her goals were especially important in the first half of the season, when the team was still getting to know each other. She always gives 100% and is keen to improve. Her off-field skills were also appreciated, as delicious baked goods make a great post-game snack.



Rachel Harrigan

Rachel was our quiet achiever. She might not be heard much on the field but her presence was certainly noticed. Playing as inner and centre half, her calm manner on and off the ball was a great influence in both our offence and defence. Her best game of the year came in her 150th game for UCHC, picking up 2 goals and players' player in a 2-1 win over Checks.

Naomi Horobin

Naomi was an invaluable link between our backline and our forward line this year. Playing most of the season as centre half, she always managed to find space to receive the ball from the defence and help set up the offence. The amount of work she put in every game was greatly valued by everyone, resulting in her picking up our team's Best and Fairest award.

Sheree Murray

Sheree is the textbook utility player. While she played most often in left half, she also played every other position on field (except for goalie) this season. She adapts to new positions very well but does appreciate a heads up from the coach before moving. Unfortunately work made her give up her 100% playing record under my coaching this year.

Ashleigh Turton

Ashleigh joined our team a few weeks into the season. She's a young and talented player who



added skill and threat to the team, and whenever she had the ball the opposing team took note. She brought a bit of flair to the game, as she sometimes broke out her juggling skills and tomahawks on field.

Leanne Turton

Leanne took up the role of goalkeeper this year. She was instantly thrown in the deep end, as pretty much the first thing she had to do on field was try to stop a stroke. Over the year Leanne improved a lot, sometimes singlehandedly keeping us in the game with nice saves and clearances. The only thing she ever complained about was her defence not giving her anything to do despite her frequent offer to be first runner at short corners.

Dawn Vassel

Dawn is always a valuable asset in inner and it's nice to see her improve year by year. This year she's become stronger on the ball, improving her running and passing. She is persistent and tenacious in defence, always being able to tackle back any attacker who got past her. She also picked up her first outdoors goal this season.

Emma Vines

Emma was our resident right wing. Her best play was done in small space, keeping the ball off defenders' sticks with excellent stick skills. Over the year she started using these skills better and better to



create space for herself and get past defenders. She picked up 3 goals this season, even though according to her she "doesn't really score goals".

Leah Gerrard

Leah was one of our regular fill-ins from SL3 this year and slotted in nicely to the team. Her seemingly endless energy was always a welcome addition to our team. Her speed and good ball control helped set up our attacks.

Megan Rodd

Megan was our other regular fill-in from SL3. She played in more than half of our games this year. She played mostly in inner and centre half, but was always happy to fill in where needed and thus played pretty much everywhere on field. She always has a good view of the play and her skills made avoiding defenders look much easier than it was. She also picked up a goal for us this season.

Thanks

Thanks to the other players who filled in for us this season - namely Beth, Courtney, Carol and Teah.

Thanks also to Kenny and Adam for helping run our teams' combined training each week.

Lastly, thanks to everyone who helped out with the club and the season this year. We wouldn't be able to play this fun game each year without you.



SL3 WOMEN

It was a very different looking WLS3 side that took to the field in the yellow shirt this season. With previous players from successful campaians going up the grades and people from lower grades coming up, along with a few beginners, it was always going to be a very interesting year. After the first training session, I knew the girls had the ability to compete at the level required, but whether or not they believed it, remained to be seen. We come up against a tough ANU side first up and the result (0-0) suggested that we were definitely in with a shot. The next game however made us crash back to earth, suffering a heavy 7-0 loss at the hands of Valleys (who would be competitive in SL2). This was definitely the determining factor as to whether or not the girls had a fighting spirit, as we lined up against Wests the following week. Another 0-0 draw indicated that the loss didn't really have any effect on us, which gave me a lot of confidence. What followed was a mammoth amount of draws. Out of the twenty games that we played, we drew over half of them. Grit and determination were the key factors to the team drawing against every side in the competition, including a 0-0 draw against Valleys, the second time we played them. The ladies managed to come



away with one win against the dreaded Queanbeyan and finished ninth out of twelve teams. This is just proof that the ladies were playing in the right grade and with a bit more confidence up front, who knows where we would have ended up. Well done ladies on a solid season.

TEAM LINE-UP Jess Wotherspoon - Goalkeeper

Jess started the season with a strong showing against ANU but unfortunately, due to a poor team preparation beforehand, starting with 10 players (and poor weather). conceded quite a few against Valleys. With confidence down, Jess managed to pick up the pieces and performed at a solid level before being called up to SL1 where she really belonged. Her attitude and skill level were at a high level and she deserved the call up to a higher grade and hopefully she can remain there.

Helen Arnold - reserve goalkeeper, substitute player

Our backup goalkeeper's first game was against a red hot Valleys side. This was the second time we played them and after the first encounter, Helen was preparing herself for a barrage of hockey balls. She got what she prepared for but I don't think Valleys got what they prepared for, as they left the field at fulltime in shock at the 0-0 score line. Helen produced an incredible performance that set herself up as one of the best goalkeepers in the world. Her willingness to pad up at any given time was always a life saver and her performance out of goals was just as good. The fact that she didn't even have to play for SL3. as her main team was SL4, shows the dedication and club spirit that she has.

Amanda Prain - Fullback

Yet another player who never

complained about where she was playing and always put in her best efforts each week that she played. Her trapping, passing and tackling were outstanding and she played a big role in many of our results. Her attitude towards the game and the team rubbed off on the other players, making it a pleasure for all to have her in the side.

Kellie Stewart - Fullback

Kellie's power hitting was a big plus at, not only fullback, but in the forward line as well. Her trapping and passing was very good as well, making her a perfect partner for Amanda at back. Not only was she good in defence but she performed very well in the forward line, as well as being a secret weapon on the short corners. Unfortunately earlier in the season we didn't have many short corner opportunities, but once they started coming, Kellie was becoming more and more dangerous.

Caitlin Stinson - Right Half

Definitely one of the most important defensive players in the team. Caitlin showed a lot of confidence, using her speed and skill to make charges down the right side. Her speed played a big role in our attacking build-ups and our scrambling defence. As the season grew, so did her confidence, resulting

in improving performances and a surge up the best and fairest ladder.

Ange Arblaster - Centre Half

Ange was the rock in the side. Being in the centre gave her a lot of space to use her ability and aggression. I always thought that she needed to be more selfish, but that shows the kind of player that she is. Her passing and tackling are her main strengths but her leadership was another big plus. I loved that fact she would stand up to idiots from opposing teams and wasn't afraid to let them know what she thought of them. Although one altercation resulted in a yellow card, I still applaud the fact that she wasn't going to be bullied by anybody. Definitely a player that will go up the grades in the future.

Laura – Left Half

Laura was a new face to the team so I didn't know what to expect. However, it wasn't long before I realised how valuable she would be to the team. Like Caitlin at right half, Laura made some strong plays down the left side and her knowledge of the game came as a positive and her tackling and desire to get the ball played a big role in the tight defensive unit that we formed throughout the year.



Carol Holmes - Left Wing

Carol was a player of many talents. Whether it is in the defensive line or the attacking line, she played a vital role in many results. Starting the season as fullback she demonstrated excellent skills and awareness, but little did the coach know that she was in fact one of the best wingers the world has seen. So, with that in mind. I decided to put her in the forwards and she repaid that faith with an absolute cracker of a goal against United, which proved that she knew all along that she was a weapon. Unfortunately, because the coach is a little slow in the head, it took until the end of the season to realise this.

Leah Gerrard - Left Inner

If there was ever an example of commitment to a team, Leah

was it. I can count on one hand how many training sessions she missed. Her dedication payed off in the games as her speed and ball control became a major plus for us. While only netting one goal, it wasn't a true indication of how good she was. Her attitude complimented her game play, making her a prime candidate to go up the grades in future years.

Sarah Jean - Centre Forward

As a beginner to hockey, Sarah came into the side with a Rugby League background, which showed on the field. She never backed down from a tussle with the opposition, regardless of their size. Her speed and determination to get to the ball before the opposition did were her main strengths. Unfortunately she succumbed to a season ending injury at the halfway point of the year. She still managed to have a goal

next to her name and if she can stay injury free in 2018, I am confident she would do a good job in SL2.

Mel Ronald - Right Inner

Out of all the forwards, Mel probably spent the least amount of time off the field. Not because the coach is a sadist and likes when players are exhausted and can hardly breathe, but because I never realised she was tiring. Her speed and agility never faltered during play, making her the worker that every team needs. She wasn't able to net a goal, but her effort in setting up other goals was just as good.

Courtney Jamieson – Right Wing

As our leading goal scorer, Courtney's attention to positioning was second to none. She was always there at the right time, which allowed her to net four goals and take away the golden hockey stick (made up award). Her strength on the ball was fantastic and I loved every time she would run over an opposing player. I am not one to condone rough play, but its good when the other team are on the receiving end. Her reverse stick passes were better than mine, but as a coach I would never admit that, until now. Overall, a terrific season for Courtney.

Sheree Murray - Substitute

Sheree was a blessing to have in the side, as most weeks we were assured of a bench. Along with Helen, Sheree could play in many positions and she never let me down when the occasion called for her. Another player that is improving rapidly, which makes her deserving of all the success she gets.

Anna Gabriel - Left Half, Left Inner, Left Wing

Anna was a familiar face to the WSL3 side, as she had been part of the successful campaign a few years back. Her experience on the field was valuable and would constantly make sure the ladies knew where to go. Her speed was an asset whenever we would have a counter attack and netting a goal on her birthday, which also gave us our first win, was more than fitting.

Tayla Sharpe - Captain, Left Wing, Left Inner

Our Captain was probably the most improved player in the side who unfortunately missed many matches due to a nasty injury that she suffered midway through. Her dedication to supporting the team off the field was great and proved her

leadership qualities. Once the psychological torment of the injury ceases, she will go from strength to strength.

Megan Rodd - Centre Forward, Centre Half, Right Half, Right Wing

Another of the more experienced players, Megan combined with many of the ladies in many different positions. Whether it was defence or attack, she never complained and her positivity made her one of the more popular players in the side. She scored one goal for the season but with better luck, she could have had many more.

FILL IN PLAYERS

Paige Edwards -Goalkeeper

Paige was kind enough to come down and fill in for SL3 from SL1. As a player who had never played goalkeeper before, it was always going to be interesting to see how she performed. She debuted against a very strong Wests outfit and keeping a clean sheet indicates that not only is she a good half, but she is also more than capable in goals.

Suzi Foley - Right Wing

Whenever Suzi was called upon she would deliver a

strong showing in positional play. With good stick work and a hockey brain, she provided valuable assistance when needed

Martina Noronha

Along with Anna, Martina was probably the fastest player we had. After playing only a handful of games, she was definitely noticed whenever she took to the field. Her talking during play also provided positives.

Morgan Evans

Morgan's willingness to help out SL3 during the later stages of the season was greatly appreciated. She managed to score a goal in the very last game of the season but because it wasn't a tomahawk, sadly it doesn't count.

All in all, a fantastic season. As far as morale is concerned, I haven't coached or even played in a better team. Nothing got them down. All they cared about was playing hockey and enjoying each other's company, which is the reason why we love playing the game.



"Think you a little din can daunt mine ears?

Have I not in my time heard lions roar?

Have I not heard the sea, puffed up with winds, rage like an angry boar chafed with sweat?

Have I not heard great ordinance in the field, and Heaven's artillery thunder in the skies?

Have I not in a pitched battle heard loud 'larums, neighing steeds, and trumpets' clang?

And do you tell me of a woman's tongue, that gives not half so great a blow to hear.

As will a chestnut in a farmer's fire?

Tush! tush! fear boys with bugs.

Grumio: For he fears none."

William Shakespeare, The Taming of the Shrew

I am not saying that coaching this team was the same as taming a Shrew. I think that would be a lot easier.

No I jest, this year I had the pleasure of coaching the Women's State League 2 team. This year saw many new faces as players from previous years were given the opportunity to play in one of the two State League 1 teams. Indeed through the year many of the players in State League 2 were given the opportunity to play higher. This added experience saw many players developing



and improving throughout the season. This lead to a late surge and the team moved the up the table challenging higher graded teams. Unfortunately it was not enough to make the finals. Despite this it was a fun year of Hockey with many laughs had by all.

THE TEAM Nikki Armstrong – 18 Games

Nikki always gives 100%. Whether out partying the night before the game or on the field its always 100%. Nikki often played more than one game this season, as she was given the opportunity to play higher. With this added experience her hockey improved quiet a lot. Playing most of the season as an inner Nikki was one of the workhorses of the team.

Meaghan Clack - 19 Games

Meaghan was our defensive lynchpin she crushed opposition attackers. She

created many opportunities for our forwards with her long hits out of the defence. Meaghan enjoyed playing the defensive fullback but occasionally I gave her the opportunity to play in the forwards.

Loren Cousins – 10 Games

Loren missed a number of games at the start of the season. I would have thought she could have planned her wedding and honeymoon a little bit better so that it didn't conflict with hockey. However once she made it to hockey she showed her experience and class to dominate the hockey field. Loren is one of those players that can play anywhere on the field.

Dannielle Curnow – 12 Games

Danielle set up a number of our goals this year. I am sure it would have been more but she was injured during one of the games and missed a quite a few games. She managed to return from her injury and play out the season. Danielle played most of her season in the forwards.

Morgan Evans – 16 Games

Morgan is another person who was injured early in the season - ADFA broke her fingers. This didn't stop her from coming to the games and supporting the team. She was also very keen to return to the hockey field and when she did she came back with much gusto. Morgan was the top goal scorer for the team and was voted by the team Best and Fairest. She also trained hard to make herself the tomahawk queen. Morgan played most of the season as a forward.

Emily Fry - 7 Games

Emily missed most of the season with injuries and sickness. She was really finding her strides in the team before her injury. I think she got the injury at Uni games. Emily played most of the season as a half.

Ashlee Malcolm - 19 Games

Ashlee is the player that improved the most throughout the season and definitely deserves the coaches award. Ashlee was another player that was given the opportunity to play in a higher grade and this helped develop her hockey. Ashlee mainly played in the



forwards and occasionally as a half. When I thought it was funny I also made her play inner.

Martina Noronha – 16 Games

Martina was a great addition to the team. Always prepared to give her all on the hockey field. Martina was also given the opportunity to play higher this season and would often play more than one game. This never stopped her giving it everything she had. Martina is another player who can play any position. However she was most effective in the halves and inner.

Abigail Stubbs – 14 Games

Abigail was rarely on time for the game. Usually arriving a couple minutes into game. But once she made it on the field she made an impact. She scored four goals in her first game. Abigail was also happy to fill in for others teams playing both up and down when required. Abigail played mostly as a forward. Occasionally as a inner and a half.

Sonja Taylor – 18 Games

Sonnie had an outstanding season. She played mostly as an inner and when moved to the halves had a extraordinary way of avoiding playing that position, getting hit in the face. Thankfully it left no scars. Sonnie also excelled at poaching goals.

Jessica Thorncraft – 14 Games

Jess was new to the club playing hockey after a large break. She slotted into the team pretty well and worked well as a half.

Dawn Vassel - 18 Games

Dawn was our goalkeeper and she saved many a goal. Dawn's ability as a keeper has really improved this year. She works hard at training to improve her skills. She played up for both the SL1 teams and is a real club person.

Jillian Wade – 12 Games

I made Jill the Captain of the team and she brought experience and class to the role. Unfortunately she missed a number of games otherwise she would been a real contender for best and fairest.

Helen Ward - 12 Games

Helen is another person new to the club. She played in a number of positions during the season and really played well in the halves. Helen went on European vacation and so missed a few games and had to find her form again after so much good living.

A SPECIAL THANKS

Ange Arblaster – 12 Games

Ange was graded into State



League 3 but helped fill in when we were short. Indeed she became one of the core players helping the team in it's late run of wins. I really would encourage Ange to play higher next year.

Tracey Hasler - 9 Games

Whenever I had a late withdrawal Tracey was always willing to fill in for the team. She played whatever role I asked and was always there to encourage the team.

Anna Gabriel - 5 Games

When the team was short I gave Anna the opportunity to show that she can play higher grade. She did show that with a little bit more development she can play for the grade.

Kellie Stewart – 5 Games

Kellie is always willing to play where needed. I few times during the season I asked Kellie to play sometimes at the last minute. Kellie played solid both in attack and defence.

I would like to also like to thank the following who also filled in:

Kat Carling - 1 Game

Jessica Edington - 2 Games

Paige Edwards - 1 Game

Briana Fritsch - 1 Game

Gerrard, Leah - 1 Game

Sheridan Hall - 1 Game Bianca Letki - 1- Game

Tasha Nerrie - 2 Games

Nicola Priest - 1 Game
Mel Ronald - 1 Game
Anneke Rebel - 3 Games
Victoria Sewell - 1 Game
Caitlin Stinson - 1 Game
Cara Stones - 1 Game
Cheers,
Kenny



What a season. I can only say how immensely proud I am of this fantastic, rag tag bunch of girls. Our team this season was made up of new faces to the club, ex CL2 players, ex SL3 players, teenagers and uni students, mums and others. But they all had one thing in common: effort. The girls played hard and to win week in, week out. While they weren't the most skilled team in the competition, the effort they put in more than made up for this. The commitment each of the girls showed should be commended. And in the end, they got the result they deserved: finals hockey. At least 2 weeks of it, as they finished the season in second place, with first place going to the ex CL2 Time Travellers team.

The girls started strong as the under dogs, picking up 7 wins in their first 10 games. We witnessed some beautiful hockey, some shocking umpiring, plenty of cardswhether deserved or not, and had a lot of laughs-either with or at each other. The weather certainly was not our friend this season as we trained and played in many storms, often hail and slight snow. And while I do think there could have been a few more drinks involved, I think we got through it all pretty well in the end.

The girls finished the season in second place, with the best defence in the competition.



We won 12 games and lost 3. In a 12-team competition, this is a tremendous result and the girls should be very proud of themselves. Each week the girls voted for players player. This resulted in a tie for our team- with Tracev Hambridae and Zoe Mason taking out the award. These two have had amazing seasons and both contributed heavily to the team's success this year. In saying that, it was obvious through the voting that the girls played as a cohesive unit on the turf, with a solid number of votes for all players across the whole season.

Caitlyn 'Scout' Hall

Scout was an SL3 girl who made the move to SL1 this season, regularly filling in for CL2. Scout dominated the opposition and opened up the goals for herself and her team mates. Slotting in well with the team, Scout provided us with a lot of leg and options, regardless of which position I played her in. I don't think

Scout hurt herself too badly this season, which is surprise given how many times she left her face mask in the dugout rather than behind the goals. Scout scored an amazing goal this year against time travellers. Running around 6 players to then run around the goal keeper and put it in.

Imogen Bacon

Imogen is new to UC this year but straight away impressed with her fight for the ball. Imogen continued to go from strength to strength. Always willing to listen and try new things, Imogen would always surprise us through mimicking training drills in the middle of games and adapting to any style of game play thrown her way. In her own unique style, Imogen's huge effort this year and positive attitude earnt her the coaches award. She should be very proud of her the improvement she has made year and I hope to see her back for many more years to come.

Quinn Reid

I am so glad CL2 did not take Quinn. Quinn added another layer of strength to our defence and surprise attack this season. Her patient, skilled style of hockey meant we could play a more possessive, strategic game all the way up the field. Her relaxed, nonfussed attitude was a welcome addition in a slightly manic team. However, we did struggle to wake Quinn up at times. But once we did, she proved how awesome she is, making goal saving tackles and scoring match winning goals.

Jessica Edington

Another player who made the iump from SL3 this year, Jess' confidence and strength grew enormously throughout the season. Her dedication and non-defeatist attitude should be commended. Easily my most improved player, she even learnt to hit this year. Jess brought the physical, aggressiveness to our game this year, never allowing an attacker an easy way through, stopping plenty of attacking opportunities. Jess's versatility was on show this year once again, playing position on the field (including goalkeeper).

Bianca 'B' Letki

Bianca had a tangle free year this year (sorry, this is the last one I promise). Bianca was my ultimate utility player and she would never let me down. I knew I could put B in whatever



position I needed filled and she would dominate it. Moving up from SI3 to SL1 this year B's strength and awareness continued to improve. Her skill and ability to beat a player or force a short corner led to plenty of our teams goals this year. B has had an amazinging year and should be proud of herself.

Sarah McCooey

Sarah started the season by announcing that 2017 would be her last season. And what a season she has had. Sarah dominated in our inners. ensuring our transitions and structure remained against the toughest of competitors. Sarah's patience and skills on and off the ball were a true asset to the team and strongly influenced our style of play this season (she even scored a goal). Sarah's leadership was a tremendous asset for the team helping to keep the team focused on playing good hockey. I am still hoping to keep Sarah around for next season but if she does hang the stick up, she will leave a massive hole and will be sorely missed.

Liz Yuen

Liz started the season slightly apprehensive with a tone of 'Mat, what have you gotten me into' after coming down from Cl2. However, Liz quickly become the leader of the team, helping to direct and shape our style of play. Liz frequently



played puppet master at the back of the field, helping us find our structure and control when we needed it. Easily one of my strongest and wisest players, Liz was committed to helping her team mates improve and excel this season which was vital to ensuring we peaked at the right times. Always there for advice and opinions, Liz is a pleasure to coach. Truly capable of much higher hockey, but we are sure glad chose to play with us.

Alanah Jensen

There were a couple of games where we probably could have packed our bags and gone home, and left it to Alanah. Her excellent reaction time and refined skills ensured that when the ball came into her circle. we didn't concede. With the best defence in the comp, only letting in 12 goals in 20 weeks, Alanah should feel confident in her hockey this season. While there were games we left her a bit bored, we never felt too bad with Alanah as she frequently backed up for a CL2 and Cl1 games. Alanah probably had to put up with a bit too many crazy, loud people this season, however, she always brought with her a sense of calm and composure. Alanah is an amazing goal keeper and as she is only 15, I am sure she is truly bound for great things.

Tegan Kominek

Tegan was lucky to finish the season without the team



adopting her baby while she was busy setting up goals and locking down our forwards.

Despite needing to sit a few weeks out, Tegan was a consistent, reliable presence in our team this season, providing a stable force in our forward line. Running the base line and forcing short corners were Tegan's specialty. Her strength on the ball and excellent team work were vital to the team's success this season. Well done Tegan.

Tracy Hambridge

The team frequently fell to s*** without Tracev on the field. Saver of butts, protector of Alanah and starter of attack, we relied on Tracy a lot this season to control our possession. Tracey played centre half all season and there were numerous times that she would play there for the entire 70 minutes. Tracey's fitness is incredible and her ability to remain calm and steady under fatigue led to many successful games and helped our more junior players settle into SL1. This showed in the votes with Tracey taking out players player. Tracey also lead our short corners picking up numerous goals and assists.

Paige Edwards

Paige was one of the babies of the team this year, with her and Alanah bringing down our average age quite significantly. It became very apparent early that Paige was our option for



right half, as she completely dominated that position this year. With her overhead abilities and fearless attack, Paige's technique and skills are awesome. This was something we used to our advantage consistently this season, using Paige's speed and ability to get around opponent's defences. Paige's hockey knowledge has improved again this year and she should be very proud of the hockey she is playing.

Ashlee Malcolm

Ash is the press queen. She brings determination and fight to the forward line, a living embodiment of defence starting in attack. Plenty of the team's goals this year were scored because of ash forcing the turn over. Her smart hockey and no fear was incredible this season and she truly deserves to be commended for her attitude and growth on the field, especially when most weeks it was her second if not third game of the weekend.

Nikki Armstrong

Nikki was another player from SL2 that we relied on regularly this season. Nikki always gave 110% on the field in whatever role we asked her to do. Nikki specialised in locking down our defence usually coming on to cut the oppositions attacking threat. Nikki has played some terrific hockey this year and has continued to improve over the season.



Zoe Mason

Zoe claims this is her first year on the field (despite the fact I remember playing her in a few finals games). Regadless, Zoe played her guts out week in and out. An overwhelming amount of people have commented to me this season how much they love to watch her play because of her smart, skilful style. determination and grit. For someone who was worried that people would only think of her as a goalie, she certainly didn't play like that, winning players player this season. Zoe was a vital member of this team and couldn't have asked any more from her. She should be very proud of her season.

Emma Prime

I would say you don't know what you got till it's gone, but I think we were well aware of what we had. Coordinating the forwards and dominating in that circle. and scoring the vital goals. Not to mention the amount of assists Emma got his year. The team was a different team without her on the turf. Emma's mentoring and guidance in the forward line was a bonus to what she already brought. Emma always gave a 100 per cent and couldn't of asked more from her.

Tracey Hasler

It took Tracey a couple of weeks to shake the miss teachings of that pesky SL2 coach, but she was another player that seamlessly slotted into the team and didn't miss a beat in the SL1 competition. Tracy played some incredible hockey this season showing strength, patience, vison and coordination with our other defensive players to stop consistent waves of attacking threats. Tracey's "Kenny injury" haltered her run into finals but as a testament to the team, that didn't stop Tracy from supporting us rain, hail or shine.

To wrap up, a couple of thank yous. Thank you to everyone who came out to support us throughout the season and everyone who filled in for us. Thank you to Leckie for helping out with training and giving the girls opportunities to develop with CL2. Thank you to the SL3 boys and Jess and B who let us crash a couple of their trainings. Thank you to Kenny for always ensuring I had enough players and providing advice on who would suit the team's needs. We truly appreciate your support. Thank you to Jessica for helping out with posting results on FB



and in onesport, the pressure you took off us and always having my back was greatly appreciated. Also thanks to Meaghan for everything you do.

I also want to thank all of my girls. Thank you for playing so well week in, week out. The effort you put in made my job much easier. In what was a tough and close competition. you should be proud of yourselves, how far you have come and the style of hockey you played every time you hit the turf. I certainly am proud of you. Congratulations on a truly successful season, one more game until a grand final which no matter what, the result is a huge achievement.



My third year of coaching this awesome group of girls, we lost a good chunk of our team when the club split to make 2 separate SL1 teams. Bringing up many deserving players into our team from SL2 they proved that they deserved to be in SL1 all along and cemented their spot in our team early on. The girls had a good year, didn't get the results they were looking for on the ladder which was understandable because we rarely had a full training due to an undesirable training time and as a result of injuries, general life and one pregnancy we lost many more players over the season which left us scrambling for numbers nearly every week with the girls playing without subs many times over. Full credit to the SL1 girls they never gave up and played to the best of their ability every single week and they did an excellent job enjoying the season.

Jess 'Goalie Sensation' Wotherspoon (Goalie)

This year Jess came into our team later than normal, with the pregnancy of our original goalie happening early in the season Jess came to fill in as our full time goalie during round 11. Jess had another good year as our goalie saving our team more than once from a lost or keeping us in the game when we might not have been at our best. As usual I spent a better part of the season waiting for



the inevitable snap I expect from all goalies, you have to be crazy to do the job. Luckily our crazy goalie is one of the nicest people ever off the field we are saved for another year.

Sacha 'But I Paid Up Front' Edema (Full Back)

This year Sacha was quite confident in her ability after finally completing a full season last year. Her confidence was misplaced as she suffered another season ending injury very early in the competition which ended up with her coach carrying her off the field. She was very disappointed as she loves hockey and playing with her friends and missing another season only completing 1 out of 3 with me coaching. Sacha was sorely missed especially from the girls who had to fill in at full back at different parts of the

Sheridan 'The Demon' Hall (Full Back)

The Demon had another great

year playing full back (even though she still thinks she is a forward) and expanded her ability in the position. Working more on her passing and not breaking our own player's bones was greatly improved throughout the season. She also focused a lot on areas such as tackling and not rushing in and her tackling improved greatly. Towards the end of the season she even found herself in the attacking circle (as a true full back should) creating attacking opportunities by pushing up (but hated the run back).

Simone 'Sim K or The Great Wall of China' McKenzie (Half)

Sim K aptly named after the Kardashians (but way cooler), her wit and sassiness on and off the field entertained the team to no extent. When other teams were being rude or unsportman like Sim K made it her personal mission to stop the team from winning. Stirring up other teams was her specialty and tackling

people left right and centre and pumping our team up to go the extra mile. Sim K was a much loved member of the team and the life of the party when out and about (even slapping her coach in the face for some unknown reason at one point).

Aisha 'The Weapon or Alisha' Collins (Half)

Alisha the Weapon was a surprising returning member of the team after announcing she probably would play elsewhere this season. Instead Alisha and Maddy (the single organism) bought another member into their ever bigger single organism neither can live without the others that is slowly taking over the club and soon the planet. Alisha worked hard this year pushing through many injuries and worked on her slap rather than hit which improved her distribution massively. The Weapon opened up a lot more this year even seducing her coach taking the next step to club domination.

Lauren 'The Smiley Assassin' Sewell (Half/ Striker)

The Smiley Assassin was again reunited with her sister duo for this season, from the end of last season it was apparent that Lauren would have to split her time from forwards to halves throughout the season as she proved herself an effective striker. Lauren is one of the nicest, loveliest people on the planet who really makes

sure everyone in the team feels welcome. Her awesome communication skills were of great benefit to the team again and positive attitude is vital for the team.

Victoria 'The Nicest Woman Alive' Sewell (Half/ Striker)

Tori the second half of the sister duo returned this year. Tori's ability to do anything she is asked on the field is a coach's dream. There were times that Tori travelled great distances for a game of hockey which seemed to baffle her friends but benefitted the team to no end. As mentioned above Tori is the nicest woman alive and much loved on our team. Tori's commitment to our team definitely showed with her commitment to the trainings and games she could make.

Briana 'Surprisingly Fast Every time You See It' Fritsch (Half/ Striker)

Briana was a new addition to our team this year coming up into our SL1 team, she started the year in the halves and quickly became a dominant force in our team. She started splitting her time with the strikers using her speed to ring rings around defenders and scoring some good goals for our team. Briana's dedication and intensity when partying definitely made her fit in with the team quite quickly bonding with the team during bar rally's and team functions. Briana also took over the role of bringing a boyfriend to the games who spends all of his time studying rather than watching the game from Maddy.

Kate 'The Workhorse' Smyth (Centre Half)

Katie again spent the year developing her Centre Half

abilities and worked diligently with her distribution to our forwards inside the circle. Katie did her best to make it to every training and game but as usual was the first to come back with as sassy comeback. Her charm and sassiness finally found her a BF (Nick, best bloke in the world) who is definitely her better half. Kates commitment to her team came through strongly again this year with her taking on the manager role for the second year running even though she is much busier this

Nicola 'The Father' Priest (Inner)

Nic was a new addition to the team this year with the single organism getting her over to the team and incorporating her skills into the collective. The third member of the single organism completed the set and they started looking at collecting others. Nicola was our gun inner and gun complainers for the year, refusing to play centre half even though she went well in that position. Nicola used her speed and skills to baffle other players and scoring some good goals. Nic spent the entire year working on her Tomahawks only to have her BF (never played before) hit a better Tomahawk after our last game.

Maddy 'The Charger' Novak (Inner)

Aptly named The Charger for her aggressive tackling strategy which got her in trouble more than once in the season, Maddy was the final section in the single organism, rarely seen from her 2 other sections. Maddy developed her tackling skills to not hurt people or rush through by the end of the year and was a force to be reckoned with at the end of the season. Her BFF from

last year (whip noise) has now become the BF and assistant coach of the team and a regular member of the dugout.

Jess 'The Nutmeg' Howard (Inner/ Striker)

Jess H was the culprit of starting the Nutmeg fiasco this season, starting with her coach and branching it out until it was a thing throughout the team. No longer the baby of the team Jess's role changed a lot in the team incorporating comedy support and helping gang up on her coach. Jess's on field performance is developing and she uses her speed and skill to make her opponents look like fools which has happened more than once.

Cara 'Yeellllooowww Clara' Stones (Striker)

Clara had a good season playing mostly striker but getting into the halves and inner positions as well, more tape than woman when she plays it is impressive that she can move around the field as well as she does. Clara was quick to jump on board with the Nutmeg even screaming it out during games that Jess began but put her own annoying stamp on the team with her starting the 'Yeeeeellllllllllooooowwww' fiasco which infuriated half of the team with the other half enjoying it.

Tasha 'The Youngster' Neirie (Striker)

Tash the youngster of our team this year was 3 years younger than the rest of the team, despite this she opened up towards the end of the season and fit in well with our team. Tash's long legs and giant strides helped her to out run her opponents and her good

skills also made some of her opponents look like fools. Tash focused on control for the season and improved out of sight and will hopefully become one of the best players in the club.

Ash 'Rapid Farmer' Thompson (Striker)

The rapid farmer is the fastest person on the planet, unfortunately Ash had to leave us as she moved back to the country to her farm. Part of our original team Ash's speed was a massive asset in the games she played. The team missed her greatly, her significant other (Cara) was devastated by the loss much more than the rest of the team.

Special Mentions

As mentioned above with the injuries and life getting in the way our team was left short more often than not, we had a few players who filled in a lot for our team and deserve their own mentions. Marting the unit. played 3 games a weekend most of the time helped our team more than anyone and even when she could barely walk would still fill in for our team. Loren the tank, played in our team as much as she could and took much pressure off our girls who hate playing full back (which is more of a relief than you know). Dawn last wall of defence, was there to fill in when our goalie wasn't vet confirmed and the times Jess W couldn't make it to our games. These players were instrumental in our team having enough players for our games and making it so our girls occasionally had a sub during the game.



CL2 WOMEN

What a great year it has been! The CL2 ladies have made finals for the first time in at least 12 years, so Brooms tells us. This is a great achievement considering we have 7 players under the age of 17, making us one of the youngest, if not the youngest team in the comp. The mix of youth and experience, made it a thoroughly enjoyable year to coach as we saw all the ladies grow and improve as players and individuals both on and off the field, which is what we are most proud of.

The season started off slowly only registering 2 wins in our first 5 games, we then went on a run winning 8 of our next 11 to entrench ourselves in the top 4. During these games we started forming great combinations, and finding the structure and game play that suits us best. When we executed our game plan it was beautiful to watch. The transfers, leading, talk and strength on the ball allowed us to reward ourselves by getting some great shots and short corners. The team never gave up no matter the score



or situation and needed very little direction at half time from us, as they liked to figure it out themselves.

The last 3 games of the season we played 3rd, 2nd then 1st on the ladder coming away with 3 dominant draws, boding well for the upcoming finals. We want to thank all the ladies for their support and effort throughout the year, and wish all the girls the best of luck in their playing careers! We hope to see all of you back next year whether it be for CL2 or CL1!

Sarah Apps

The quiet achiever in our team. New to the club this year Sarah was one of the biggest

improvers in terms of skill and confidence. A great team player that would always put into practice everything we asked. Her link play between the halves and the inners was always great to watch. With great skill she has a bright future ahead.

Emma Bowbrick

The often injured, always eager player was one of the most enthusiastic and committed members of the team. She showed up to every training and fitness session that she was allowed, and even a few she wasn't... Always willing to learn and try new things, it was great to see Emma busting out the

overheads by the end of the year.

Clare Bradshaw

One of the easiest players to coach. Clare was always calm and controlled where ever you put her on the field. You knew that whatever you asked her to do or where ever you put her you could always rely on her to play that role and put her mark on the game. Always a great communicator, her strong carries and great passing game it wont be long until she's showing off her skills in first grade.

Millie Butt

One of the veterans of the team now, Millie played almost every position on the field this year and put her all into every minute she was on the field. Very strong on the ball, she used all her assets and smarts to beat the opposition in both attack and defence. She loved playing up front and could score a goal or two, just ask her. One of the leaders of our team, we have to thank Millie for all her work both on and off the field especially with







Onesport and managing the lolly bucket.

Sarah Dart

You knew exactly what you were getting from her every time she played, Darts would always give you everything she had and then some. A very positive player that you could always count on to be there when the game was tight. Fully committed to every ball she would often end up with red knees and cheeks. We don't know what you did overseas, but you definitely came back a better and more mature player.

Lauren Freeman

Our rock between the posts. Ever reliable, Lauren could always be counted on to save us when we were under attack. Her reflexes and decision making were always top notch. Her talk from the back made us very strong defensively, and her improvement showed as she spent half the year playing 1st grade. Just make sure you bring your goalie gear to every training and game!





Adele Kelly

New to the club this year, Adele slotted right into our centre half position and took control. Fully committed to every tackle saw her sitting on the side lines a few times this year on the naughty chair. But we would not change this, as more often than not she would pull off a great tackle and turn it quickly into a successful counter attack.

Alicia Martin

One half of our speedy backline. Alicia was always very positive and could lighten the mood in the dugouts at half time when we were a little down. Our most reliable player who never had an off day. Very persistent in defence, her channelling would always lead the attacker right were she wanted her before pulling off a great tackle. Also loved to sneak up into the circle scoring 2 cracking goals.

Kirsty Martin

We loved watching her run with the ball out in front of her. Neither of us knew how she pulled off some of her drags





and skills to beat defenders, but she seemed to do it with ease. Was always available for a second game no matter how late the game or the invitation. Was rewarded with a spot in the first grade team, but we're still calling her ours!

Liv Martin

Our smallest player, with the biggest game. Her skills, in particular her 3D skills, were something that we could only dream of being able to pull off, although her stick twirling skills could use some improvement. Liv could always create something out of nothing and always set up lots of attacking opportunities. Very mature for her age we wish her all the best for the future both on the field and in the booster seat of her car.

Trish Oswald

The other half of our speedy backline. Trish was a great calming influence down the back. Always in the right place at the right time, Trish read the game so well and put herself in the right spot to stop many attacking raids. Very vocal from





the back her communication was a vital part of our defensive structure. We also enjoyed having your 3 young cheerleaders in the dugout supporting the team whilst eating handfuls of lollies.

Skye Sutton

Our speed machine up front.
Skye came out of shell a
quarter of the way through
the season and didn't it show.
Her talk, skill and confidence
all improved and she quickly
became an outspoken and
integral part of our team. Skye
was our leading goal scorer
this year as well as setting up
many others. Introduced a new
pre game psych me up with her
beats and huddle that seemed
to get the ladies fired up.

Jessie Thearle

Another veteran of the team.

It was our deserved captain this year earning the respect of all the players and her coaches with her committed attitude and encouraging words whenever they were needed.

She led by example, always controlling the ball and linked well with all lines. Improved





greatly throughout the season, especially on shooting, culminating in a great goal off a short corner. Thank you very much for the season El Capitan.

Caitlin Waddell

Her positional play and strength on the ball were a feature of her game this season. You always knew were she would be and could rely on her to get the ball and win a free hit. An integral part of our short corner battery, Caitlin put her hand up to be trapper and always came through with the goods. Her defensive play this year markedly improved and was the thing we were most proud of.

Niki Ward

Another newbie to the club this year, Niki was a welcome addition to our team. Always reliable in the backs or halves, her control and calmness on the ball defused and initiated many opportunities. Niki was sorely missed when she went overseas, as the team has been stronger and more consistent since she has come back. Another one who busted



out both the overheads and tommas, Niki had a great well rounded game.

Sarah Broomhall

The Veteran of our team. Brooms had a fantastic 4 games on the field as our original captain, before an unfortunate hip injury sidelined her for the rest of the season. Showing her commitment and passion for both hockey and the team, Brooms continued to turn up for majority of our games to offer support to all of the girls and to both of us. This would've been Brooms' first time playing finals hockey for UC after 12 years at the club, and we are sorry you can't be out there as a player, but you can be our ball girl, and we hope to see you back playing hockey soon.

A big thankyou to all our ladies and the fill ins throughout the season; Sophia Arcus, Tessa Bailey, Monique Canellas, Emma de Kiefte, Paige Edwards, Jen Feltham, Caitlyn Hall, Tracy Hambridge, Alanah Jansen, Bianca Letki, Zarah Mason, Zoe Mason, Maddy Novak, Quinn Reid, Lauren



Sewell and Ali Stock. We couldn't have done it without you and appreciate all your efforts and commitment, and hope to see a lot of you make the jump up to CL grade next year.

Lastly a big thankyou to both Jimmy and Toni for all your help throughout the year with training. Running the CL teams as a squad was not only beneficial for the ladies and the club, but for us also. Both your effort and support made it and enjoyable and successful year for us to coach. We couldn't have done it without either of you.





MengOne

CL1 WOMEN

It was certainly an interesting year for CL1 in 2017, my preseason team on paper looked like we had a top 4 finish in the bag with potential GF appearance on the cards. Well that dream ended fairly quickly with just a few words (Sorry, I'm pregnant) x 2, and an unknown back issue, which we just couldn't fix.

Saying that, it encouraged some of the younger/newer UC members to rise to the challenge and gain invaluable experience. With 4 new players and Reita returning to the playing mix I left the "what" and "how" in the teams capable hands and just tweaked as required. We also had individual goals to work towards which most players achieved.

As far as the season itself, we finished with a 7-11-0 record, 44 goals for and 47 against and a win % of 38.89. We finished in 6th place.

We didn't achieve all of the team goals we set; however we did make some significant improvements towards achieving the bigger goals around consistency and commitment. I believe we did achieve our goals around communication and trust and this will be the base to build on next season to achieve our ultimate goal of finals and a premiership.

Once again, if we had a



consistent team on the field each week things may have been more productive but life takes over and travel, socialising and representative duties all get in the way of playing hockey. Hopefully next season we can have more than 1 game with the actual CL1 team.

On that note, id like to thank all the CL2 players who played up, (almost all of you), you all certainly stepped up and made the most of your opportunities and put your hands up for next seasons grading.

Congratulations to those that made representative teams this year. Jen and Reita in their respective age groups in the Australian Masters teams, Meredith for Strikers, Sarah and Ali for Strikers squad, Ali for ACT and Australian Defence teams, Zanthe for ACT U21, Lauren Bree Zanthe and Sarah for ACT U18 and Sarah Zanthe Olivia Alana U16 School Girls.

Id like to thank the BOM,

once again, the work you do behind the scenes often goes unacknowledged but without it we wouldn't have teams on the field each week or the great club culture which UCHC has and a massive thanks to Susie for arranging ball kids and tech bench each week.

Alisha (sorry I'm pregnant #1) Nolan

Thank you so much for managing the side this year. Was great knowing things were getting done without me having to ask. And it kept you involved with the side. I look forward to having you on the field again in 2018.

Toni (sorry I'm pregnant #2) **Hennessy**

Thank you very much for assisting with the coaching duties this year and looking after things whilst I was away. Your knowledge of the game is fantastic and im so glad you were able to pass this on to some of the younger members of UC this year. Im looking

forward to having you playing next year also, and continue to pass on your knowledge and experience.

Meredith Bone

Goals: 10. Minutes played: 924.4 minutes @ an average of 54.4 per game. 6 x Players player.

An absolute workhorse with an agricultural element, but also a true leader. Tried some different things this year with mixed results but lead by example both on and off the field all season. Adored by the youngsters in the squad, even when yelling at them. Is still improving as a player and cannot wait to see her play when she reaches that peak.

Jen Feltham

Goals saved: crap load. Minutes played: 790 minutes @ an average of 61 per game.

Jen was solid and reliable as always this season, looked a bit iffy at the start of the season with knee issues but played through the pain with her usual flare. Had multiple trips O/S to represent Australia but it was her knowledge which she passed on to the younger keepers of the club which was invaluable. Jen is ensuring her legacy lives on at UC through these younger keepers.

Elizabeth Mutton

Goals: 2. Minutes played: 704.83 minutes @ an average of 54.22 per game.



Lil was only here for 2/3rds of the season as she was off chasina her dream of a X Triathlon world title. Whilst here though, Lil was her usual solid self and also led by example both on and off the field. Lil went through a season of self-improvement this year as she was told to stop worrying about others and concentrate on herself. I believe Lil has become a better player because of it and we will benefit from this improvement next vear after she has returned with that world title.

Emma DeKeifte

Goals: O. Minutes played: 1144.15 minutes @ an average of 63.6 per game. 1 x Players player.

Almost played every game this season but got the flu before our last game. Dee averaged more minutes than any other player, was a rock in defence and smart with her ball distribution. It was her communication which improved this season which also led to Dee being a lot calmer on the field, (except when she found herself in the forward line calling for the ball). Was unlucky not to be recognised by state selectors this season, was one of the standout defenders in the CL1 women's competition.

Tessa Bailey

Goals: 1. Minutes played: 1010 minutes @ an average of 53.2 per game. 1x Players player.



Tessa was the only player who did not miss a game this season, played across all the lines on the field and always had a smile on her face whilst doing so. Worked hard every game and training and improved out of site this season. Always did the job that was asked of her and always put her hand up when something needed doing. Was rewarded for all her hard work when scored a goal in the second last game and earnt Players player honours in the final game of the season.

Zarah Mason

Goals: 0. Minutes played: 841.2 minutes @ an average of 50.1 per game. 2 x Players player.

Zarah keeps going from strength to strength, was solid as a rock and deceptively skilful. Zarah just needs to back her ability more and stop doubting herself. As she matures as a player and learns from the older players around her she will continue to improve and will be in the CL1 competition for a long time, hopefully she will represent the ACT lots more.

Reita Holmes

Goals: 0. Minutes played: 508.5 minutes @ an average of 56.5 per game.

Reita started the season all guns blazing and fighting fit ready to go and represent Australia, unfortunately she returned injured and spent a



fair chunk of the season on the sideline. The games Reita played she led by example and her communication was what the younger players needed. Her knowledge of the game is second to none and hopefully she can stay fit and uninjured and keep on representing her country.

Breanne Runge

Goals: 0. Minutes played: 781.8 minutes @ an average of 52.2 per game. 1x Players player.

Bree was a new edition to the club this year and took a little bit of time to find her place and groove in the squad. Once she found it, she started playing some top quality hockey and was rewarded with a Players player. Bree has a long bright future in Hockey and hopefully it will be with UC. She keeps improving week to week and I have no doubt we will see her playing for the Strikers in the years to come.

Alison Stock

Goals: 0. Minutes played: 633.8 minutes @ an average of 48.8 per game. 1x Players player.

Ali was once again a little pocket rocket this season, worked extremely hard and improved each and every game. I gave Ali a new role this year which she accepted and excelled at. Ali was rewarded with a place in the strikers squad for her effort, her usual defence hockey representation kept her away for a few games.



Unfortunately Ali will not be around next season and this could well be her last with the club. I wish Ali all the best for her hockey future and really hope we see her again in UC colours.

Sarah Haines

Goals: 2. Minutes played: 770.08 @ an average of 51.4 per game. 1 x Players player.

From game 1 you would have never known that this was Sarah's first season in CL1. went from strength to strength and improved out of sight. Sarah showed a maturity well beyond her years and as she gets more experience at this level will be a force to be reckoned with. Sarah has a very bright future in Hockey and hopefully she too will be in UC colours for years to come. Was rewarded for her hard work this year with selection into the Strikers squad, I look forward to following Sarah's hockey journey in the years to come.

Kirsty Martin

Goals: 1 Minutes played: 738.5 minutes @ an average of 44.5 per game. 1 x Players player.

Another player who you would mistakenly think has played CL1 for years, slotted into the mix really well this year and played some exceptional hockey. With more experience in CL1, Kirsty will develop into a smart and talented hockey player. Kirsty just needs to let her confidence show more and take on more



of a leadership role, when this happens it will be exciting to watch.

Tania Jaichi

Goals: 10. Minutes played: 970.6 minutes @ an average of 54.2 per game. 2 x Players player.

Tania was at her defence busting best this season, I don't think there was a defensive line in Canberra that was confident that a) they could tackle Tania and b) that they could get past Tania easily. Was ruthless with and without the ball and was rewarded with plenty of goals for her hard work. Also has the rare ability to create a scoring opportunity from nothing, which was always entertaining.

Zanthe Sheargold

Goals: 6. Minutes played: 763.2 minutes @ an average of 47.8 per game.

Another youngster that you would mistakenly assume has played CL1 for years, improved consistently throughout the season and played across almost every line on the field. Zanthe will get better and smarter with experience at this level and I have no doubt we will see her in Strikers colours and possibly even the green and gold if she keeps working hard

Sarah Dart

Goals: 5. Minutes played: 731.1 minutes @ an average of 49.2 per game. 1x Players player.



Sarah was a dark horse this year, was selected in CL2 but found herself in CL1 after some players were unable to play. She proved to me straight away I should have had her in the side from day 1. Sarah is ruthless with and without the ball and has the ability to always be in the right place at the right time and scored some cracking goals because of it. Look forward to seeing her game develop further at this level.

La Poon

Goals: 6. Minutes played: 640.1 minutes @ an average of 53.4 per game. 1x Players player.

La had one of her most productive seasons this year, worked extremely hard everytime she stepped onto the field and was rewarded with goals and assists. La was improving each and every game until she was offered a job in Sydney and had to go. I hope La continues to play in Sydney and keeps improving her game as she has loads of potential, would be a shame to let it go to waste.

Penny Slater

Goals: 0. Minutes played: 30 minutes

Penny made only 1 cameo appearance this year as she was off being an international superstar X triathlete. Played 30 minutes then copped a ball to the calf. I subbed her off as I didn't want to get a call from



her real coach asking why she was injured. Like some others, was around the team as much as she could at social functions and fitness and even used the team to complete some fitness research for Uni.

Cha Poon

Goals: 0. Minutes played: 0

Unfortunately Cha wasn't able to get onto the field this season with her ongoing back issues. After spending copious amounts of time and money on finding an answer to not even get one. Was still at almost every fitness session on a Tuesday and quite a lot of field sessions on a Thursday just to be involved with the team. I look forward to working with a fit and healthy Cha next season.

CL2 PLAYER STATS

Lauren Freeman – 405 minutes @ average of 31.2 / game, 2 x Players player

Alicia Martin - 609 minutes @ average of 46.9 / game

Adele Kelly – 113.40 minutes @ average of 29 / game

Jessie Thearle – 409.8 minutes @ average of 45.5 / game, 1 goal

Olivia Martin - 367.1 minutes @ average of 40.8 / game

Skye Sutton – 147.2 minutes @ average of 36.8 / game

Emma Bowbrick - 44 minutes

Sarah Broomhall – 43.55 minutes



Caitlyn Waddell – 25.55 minutes

Millie Butt - 55 minutes

Sarah Apps - 77.70 minutes @ average of 38.85 / game

Sophia Arcus - 40.05 minutes

Clare Bradshaw - 78.1 minutes @ average of 39.1 / game

Alanah Jansen – 70 minutes. 1 X Players player.

Nikki Ward - 43 minutes

BACKSTAGE PASS











































