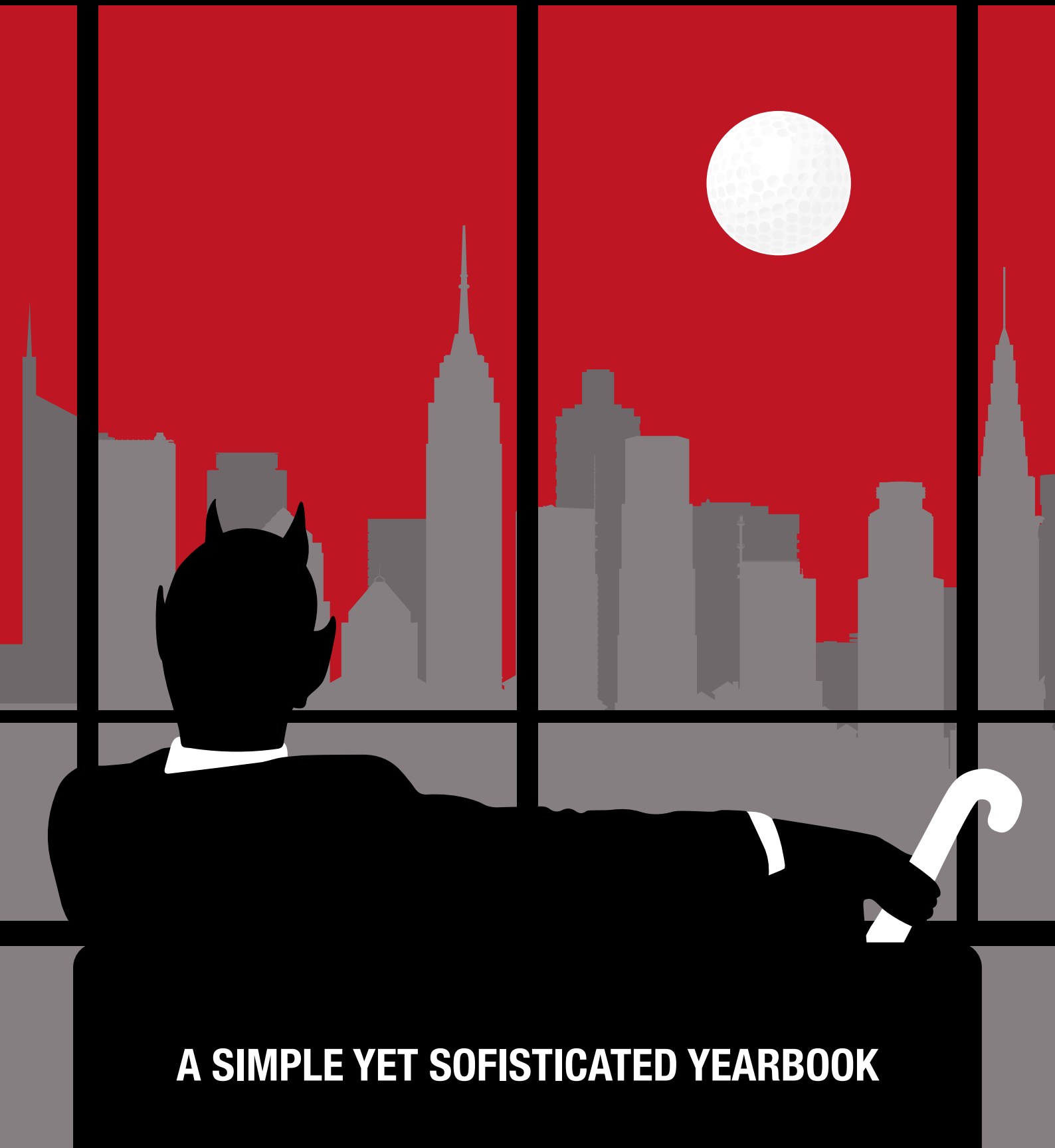


# UCHC2016



**A SIMPLE YET SOFISTICATED YEARBOOK**





# YEARBOOK 2016

President's Report .....	5
Awards .....	6
Life Memberships .....	7

## **MAD WOMEN:**

Capital League 1 .....	8
Capital League 2 .....	10
State League 1 .....	12
State League 2 .....	14
State League 3 .....	16
State League 4A .....	20
State League 4B .....	22

## **MAD MEN:**

State League 1 .....	24
State League 2A .....	26
State League 2B .....	29
State League 3 .....	32
State League 4 .....	34
Midweek .....	37
Social Photos .....	40



# SEASON 2016

## BROUGHT TO YOU BY

<b>Jolly Moore</b>	President
<b>Millie Butt</b>	Vice President
<b>Lincoln Green</b>	Teams & Coaching Director
<b>Alisha Nolan</b>	Social & PR Director
<b>Simon Gavin</b>	Finance Director
<b>Stephen Madden</b>	Umpiring Director
<b>James Watson</b>	Equipment Officer

## YEARBOOK PRODUCTION BY



# PRESIDENT'S REPORT

## By the Numbers

209 – Registered Members

182 – Games umpired

19 – Umpires

16 – Coaches

13 – Teams

7 – Teams in finals

3 – Minor Premierships

1 – Premiership

## 2016 BoM

A big thank you to this years BoM. Without this groups valuable time the club wouldn't run smoothly and be able to achieve the success on and off the field. Please take your time to appreciate the amount of work that goes into running the club and try and take the time to thank every board member.

A special mention to Sean Willis who took a job with Hockey ACT in March and was required to resign from his position as Men's VP on the BoM. Sean was still a valuable member of the team helping out where he could with uniforms and advise.

## HIGHLIGHTS

### ON FIELD

The 2016 season started out with an influx of new members at Grading Day. This helped to fill the new men's SL2 team which we nominated into the competition after a successful 2015 on the men's side of the club. This team has done extremely well in its first year in the competition and finished third. Regardless of your teams results this year I hope everyone had a great season and will be back for a bigger and better 2017!



### OFF FIELD

#### CULTURE AND SOCIAL EVENTS

One of the BoM's main goals this year was to maintain the culture within the club. Hockey ACT have assisted this with most weeks UCHC teams played back to back or close to each other so there was always an opportunity to watch another team play. We have also celebrated off the field with social functions, starting with Lawn Bowls at the RUC, Bar Rally, Christmas in July with Trivia Night and Pres Night to come. These functions are important to get to know your teammates and fellow club mates so make sure you make every effort to attend Trivia Night and Pres Night!

This year we aimed to effectively communicate with members through different formats; in the off-season the clubs new website was developed, a big thank you to Megan McKay to putting the website together, another thank you must go to Goggs to who managed the previous website. We also sent out weekly Devils Digest emails, regular Facebook posts and introduced Millie's video updates with all the relevant information and of course the weekend weather forecast!

### FINANCE

We have been able to better our relationship with the RUC Bowls Club Turner and negotiate a slight increase the monetary sponsorship they provide and much more in-kind sponsorship to assist the social events we run at the club. The RUC has given us a great place for social functions, after game drinks and team dinners. Please continue to support them throughout the finals series and into summer and make sure you swipe your card to they know you are from UCHC.

This year we were able to keep fees at the same price as last year and increase the early bird discount from \$50 to \$100. The early discount was well taken up by the club and we will aim to continue to offer this. However, club the remainder of fee payment were quite slow which impacted on the club paying Hockey ACT invoices on time. We will continue to push making sure players pay their fees on time – this is so we can pay our invoices on time. I believe our fee schedule is very fair and flexible, please do not take this for granted otherwise the club will be forced to change the way we collect fees to make it much stricter on players

I say it every year but if everyone in our club did one thing other than playing each week, whether it be as little as watching another team play, attending a social function or umpiring for our club, or as big as coaching or being on the BoM the club would be better off for it, and I encourage everyone to do so next year.

It would take too long to thank everyone personally, but a huge thank you goes to every player, coach and umpire who has helped to make the club better in 2016!

Here is to a bigger and better 2017!

Jolly Moore

# 2016 AWARDS

## TEAM AWARDS

### Best and Fairest

Womens CL1	Meredith Bone
Womens CL2	Patricia Oswald
Womens SL1	Tracey Hambridge
Womens SL2	Jillian Wade
Womens SL3	Jessica Edington
Womens SL4A	Ange Arblaster
Womens SL4B	Dawn Vassel
Mens SL1	James Watson / Tayler Green
Mens SL2A	Cameron Mortimer
Mens SL2B	Andrew Martin
Mens SL3	Alistair Robertson
Mens SL4	Will Redmond
Midweek	Ian Morrow / James Watson

### Coach's Awards

Womens CL1	Alison Stock
Womens CL2	Emma Bowbrick
Womens SL1	Jessica Howard
Womens SL2	Laura Jakiwczyk
Womens SL3	Morgan Evans
Womens SL4A	Mel Ronald
Womens SL4B	Sheree Murray
Mens SL1	Toni Hennessy
Mens SL2A	Chris McNally
Mens SL2B	Callum Doherty
Mens SL3	Matt Luff
Mens SL4	Justin Gainey

## CLUB AWARDS

### Rookie of the Year

Mens	Ben O'Sullivan
Womens	Sonja Taylor

### Most Improved

Mens	Jacob Whiting
Womens	Sarah Haines

### Goalkeeper of the Year

Brick Shit House	Cameron Esler
Womens	Katherine Poyner

### Shooting Star

Mens	Jackson Leckie
Womens	Morgan Evans

### Most Games In a Season

Iron Man	Jackson Leckie
Iron Woman	Millicent Butt

### Coach of the Year

Mens	Chantelle Blackwell
Womens	Mat Evans

### Umpire of the Year

Mens	Mark Harber
Womens	Caitlin Waddell

### Clubperson of the Year

Suzi Foley

### Presidents Cup

Mens	Peter Carling
Womens	Bianca Letki

### Life Members

Dave McNally / John Blood / Stephen Hood

## LONGEVITY AWARDS

### 100 Games

Alisha Nolan  
Amy Minahan  
Bianca Letki  
Dawn Vassel  
Helen Arnold  
Jillian Wade  
Millicent Butt  
Morgan Evans  
James Watson

Rhian Blackwell  
Sean Willis

### 150 Games

Anna Gabriel  
Jenny Feltham  
Kellie Stewart  
Tessa Bailey  
Ian Morrow  
Michael Christoff  
Vaughan Barry

### 200 Games

ZLil Mutton  
Meghan Clack  
Daniel Williams  
Jackson Leckie

### 250 Games

Sarah Broomhall  
Simon Gavin

### 300 Games

Brett Loiterton  
Scott Moore

### 350 Games

Tracey Hasler

### 400 Games

Lincoln Green  
David McNally

### 450 Games

Cameron Esler  
Steven Gee

### 650 Games

John Blood

### 700 Games

John Lovejoy

# LIFE MEMBERSHIPS

Life membership is reserved as an honour to be bestowed by the University of Canberra Hockey Club in recognition of an individual's outstanding contribution to the Club. It is the club's highest accolade.

This year we are pleased to announce that Life Membership has been extended to three members:



## John Blood

Length of service – 37 years

Games Played – 658

JB began his playing career 37 years ago, with the CCAE Men's Hockey Club. He has held many positions in the club including Treasurer in the 1982 and 1984 seasons. JB has umpired regularly throughout his time with the club.

JB is a regular fixture on the sideline as a spectator and is happy to have a chat with anyone, sharing the history of the club and giving suggestions on ways we can improve.

He is a well-liked, respected and dedicated member of UCHC who thoroughly deserves this special recognition.

Congratulations JB!



## Dave McNally

Length of service – 20 years

Games Played – 401

During his time at the club Dave has held many different roles from player, coach, administrator and supporter. He has held various roles on the BoM including Men's Vice President from 2001-2003, President 2004 and 2005 and Finance Director from 2005-2010.

Dave has coached and player/coached many teams and has been instrumental in winning multiple premierships for the club both as a player and a coach. On the field Dave is always one of the club's highest goal scorers and has won the Shooting Star award numerous times.

Another worthy recipient of Life Membership, well done Dave!



## Stephen Hood

Length of service – 22

Games Played – 241

Hoody has spent 22 years with the club and held various roles throughout that time including player, coach, BoM member, photographer, Yearbook Director and in the past few years has been instrumental in forming a UCHC presence in the Monday night Men's Veterans competition.

Hoody can often be found on the sideline with his camera in hand, which is a huge help when compiling the Yearbook! And he should know, as he spent many years compiling the Yearbook during the '90's by hand.

He has put his hand up to coach numerous teams including this season, his final with the club, he was able to bring together a broad range of players who were rewarded with a finals berth.

The club will miss you Hoody and we truly have appreciated the effort you have put over the last 22 years, best of luck for your future endeavours.

# CL1 WOMEN



2016 was a year of change for the Women's CL1 team – a lot of fresh faces on the field and a new coach. In addition to our fresh faces, there were a number of juniors who made the move up to CL1 and established themselves as players to watch both in Capital League and representative selections. The same could be said for our team – one to watch in 2017.

We also had a lot of travellers this season (thank you Rio, Europe, Vietnam and representative duties). So while some things stayed the same (i.e. our structure), our roster numbers varied and we regularly had to adjust to new playing positions or sub numbers. Thank you to all the CL2 players who stepped up (sometimes with little or no notice) and slotted right in.

While we didn't always get the results we were after, all in all, it was a really positive year for CL1. There are very promising signs for the future.

## Highlights

- Road trips! CL squad pre-season trip to Sydney to play UTSHC, Goulburn, Albury... we've been everywhere



- Definition of UC playing style – Aggressive (Jab! Jab!), Communication (Calls), Support
- Raining goals – Scored in 16 of 18 games this season. Team record high of 6 goals in a game vs North Canberra (6-0 win). La and Tania connecting to set each other up for goals.
- Bakers Delight - La & Cha for making delicious cakes for people's birthdays (they are awesome!)
- Super Sub - Liz stepping into GK when Jen did her hamstring in our last game of the season: from sitting in the bar and having 2 sips of her beer to dressing and taking the field in under 3 minutes!

## Representatives

- ACT Schoolgirls – Lil Mutton (Coach), Zanthé Sheargold, Zarah Mason
- ACT U21s – Emma de Kieft
- ACT Strikers – Meredith Bone
- Australian Defence Forces (Australian Country Championships) – Alison Stock
- Australian Masters Women's over 45s (World Cup winners) – Jen Feltham



## Honorable mentions

In the words of the team (thanks Survey Monkey)...

## Player's Player

- **Meredith Bone** – In addition to giving 110% and being key in both attack and defence, not afraid to provide the umpires with some constructive feedback :-p
- **Tania Jachi** – Goal scoring machine that likes to create chaos for opposition defences and doesn't take too kindly to being pushed off the ball, in fact a lot of teams found it hard to do just that.
- **Lil Mutton** – Solid player, who talks for a lot of the team and holding our structure in the middle. Does lots off the field to organise us.
- **Zanthé Sheargold** – Skill level that has improved throughout the season, she listens to calls from the backs/ halves and has contributed to every game she's played! Has a positive attitude both on and off the field. She gives everything 100%!



- **Jen Feltham** – After securing Aussie gold in the Masters World Cup by saving a penalty shootout, Jen had a solid season. There were a number of peak performances that rumour has it were assisted by the after effects of wine consumption (St Pats...). Unfortunately ended the season with a hamstring injury minutes into the last game.
- **La Poon** – If we were a US college team, La would be the team leader on points (goals, assists, steals). Also, just have to admire the twinning outfits going on that means the coach had to look at sticks to tell who was who ;-)

## Quiet Achiever

- **Alison Stock** – She loves hockey and that passion makes for a positive team environment! May not be the one scoring but an excellent facilitator and has consistently performed throughout the season. Solid and reliable player.
- **Alisha Nolan** – Love playing with Lish, such a fab team player.
- **Zarah Mason** – Had an outstanding season, improved over the season “quietly” and has produced some amazing work on the field.
- **Claudia Nielson** – Always trying new things at training and has a solid impact in the middle of the field.
- **Cha Poon** – learnt to steal balls of opposition backs and make lemonade (score goals) this season ;-). Also team leader in rallying folks to social events and the assistant strength and conditioning coach (to Lil and Merph) for Tuesday night fitness sessions.
- **Emma de Kieffe** – A solid contributor to our defence. D’s overheads, long balls, and tackling were missed for the 5 weeks she was travelling in Vietnam, but she picked right up from where she left on her return.
- **Jasmine Bulman** – Returned to the team and the field after 6 months of travelling the globe. Jaz played to her strengths (unbelievable low tackling) and had to learn the new structures quickly. She did a great job of having to adapt and play in a number of positions.



## Support Crew

- **Suzi Foley** – Always one to support the club, our team benefitted from the fantastic job that Suzy did organising ball people for every game and being our tech bench person. We always had ball people and not only did she roster them but she helped Reita to ‘train them up’. Thank you!!!!
- **Tessa Bailey** – In addition to moving from attack to defence and learning a new position, thanks to Tessa for organising the team so well this season. She submitted team lists and tweeted game results every week, washed stinky training bibs, organised uniforms and entered results into OneSport while Reita was away.

## The “Penny” Award

- **Zanthe Sheargold** – Falling over her own feet at training, with an audience! Zanthe is a massive fan girl 1) mistaking Eddie for Merph 2) That time she lost the plot when Eddie said hi to her 3) That time she told Merph that she was writing a school report on someone who inspires her but it was about Eddie and then got super embarrassed.
- **Penny Slater** – Playing the bookends of the season with her usual high work rate and a penchant for tomahawk goals, she still demonstrated why this is called the Penny award and had the most blonde moments by far...closely followed by Zanthe!!
- **Rachel Pengilly** – One the one hand Rach slotted in well (but quietly) into our back group and has really stepped up to the challenge!! She has done so well and has improved game to game! But then we had the back abs incident and the occasional being too hungover to train.. Classic uni student ?

# CL2 WOMEN



Well the season started off with lots of unsure players, a couple of unsure coaches and some tough decisions to be made. After the 2 pre-season practice matches, i think we had more unsure players, 2 unsure coaches and 1 less tough decision to be made. Luckily it didn't take long for things to settle into place after winning the first game 2 nil.

The season continued with a mixed bag of results, and some interesting weather which resulted in some under water hockey being played. Midway through the season our strategy seemed to be that we would beat the teams above us on the ladder but lose to those below us, which was all good in theory except we were sitting in 3rd at that point.

Our record for season 2016 was: 8 wins, 3 draws and 6 losses. 23 goals for (scored by 10 different players) and 22 against. We had 4 different goal keeper's play for us and as well as the 17 listed CL2 players, we used 4 CL1 players and 3 SL1

players. We had 8 players new to UCHC.

Our season ended prematurely as we had to rely on other results to sneak into the 4, but I can safely say that the other teams are glad we missed out as we were playing the best hockey of the season and could have beaten anyone in the comp with the form we finished on.

I'd like to say thanks to all the CL2 ladies for allowing me to be part of your hockey journey, I know I shook things up a wee bit, but I think we had a really successful season. I wish you all well for your future hockey journeys and hopefully you have all taken something away from this season which proves useful in the future.

I'd like to say a massive thanks to Leckie for co-coaching with me; your player knowledge was invaluable. We didn't always see eye to eye but I think that helped us both stay a bit more grounded. Also a big thanks goes to Reita for your support of the CL2 girls, myself and Leckie with trainings and keeping everyone included,

and allowing some of your players to help us out when required.

Thanks to all non CL2 players who helped out throughout the season, I will not name you all but you know who you are.

Thanks to BOM and everyone who works tirelessly behind the scenes to make this club as good as it is, you don't always get the recognition or thanks, but the work you guys do is what keeps the players on the field and most of the time everyone's happy.

Finally I'd like to say thanks to everyone at UCHC for making me feel welcome, I know a few of you were like, "what's that wa#der from checks doing here", but I did feel welcome.

Congratulations to all award winners tonight, you deserve the acknowledgement for a fantastic season. Enjoy your off season and indoor if that's your thing, and who knows, I may even see you again at the start of 2017 season.



# SL1 WOMEN



My second year coaching this group, losing a lot of our young players from last year we gained some experience with some players moving down into SL1. With some outside additions to our team we ended up with a large squad with many deserving players filling in. A successful season this year with the girls making finals and giving the top teams something to worry about, with a lot of our training focused on getting the ball in the circle and scoring goals which showed on the field in our goal scoring ability. Was an enjoyable year with a great group of girls and it was awesome to get the results they deserved!

## Jess Wotherspoon

(Goalie sensation)

Last year was definitely a lot busier for Jess compared with the team's stellar effort this year. This year Jess was a lot more rested coming into the big games this year definitely giving us the winning edge. My personal understanding of goalies is that they are basically insane even wanting to try the position. This year was another lucky year with the team (me especially) waiting for something to snap off the field and her goalie insanity to come to the forefront.

## Sacha Edema

(Dedicated, injury free season Full Back)

This year with our abundance of backs Sacha was able to evolve outwards in positions to a half. Her dedication to our team plan and personal goals for each game was impressive. Last year Sacha

was injured for most of the season but her travel plans kept her out for a good chunk of the season this year. But she always did her best to make it back for the games.

## Sheridan Hall

(Full Back- still considers herself a Forward)

For the second season in a row Sheri was consistently at trainings and games, again Sheri seemed to always miss fitness or warm ups for most of the season. Playing 2 games a week showed her dedication to "playing hockey" but "not running" was awesome. Sheri was a fun and loud part of our team emphasising the "classic Sheri" call. Will never live down breaking a team members ribs.

## Sarah "Macca" McCooley

(Super fit, solid Inner)

This year Sarah was super happy with our additions from CL2 as we lost all of our "twelvies" from last year. With this the new group that I dubbed "super mums" was formed with many of Macca's friends joining her in SL1.

Macca's crazy fitness and non-stop running (the envy of all the girls) was always helpful. Macca lost her name due to another Sarah joining the team, this threw many of the girls for a good half of the season.

## Tracey Hambridge

(Best and fairest, ultimate player Backs and Midfield)

Tracey was new to our team this year and there were no complaints from any of our team about the addition. Tracey was our solid full back tackling a modest 10 million people this year. She also played a fair percentage at centre half completely dominating nearly every game she played in with consistency which is rarely seen. Tracey was a part of the group I dubbed "super mums."

## Lauren Sewell

(Positive, happy and fitness loving Half)

The only half of the sister duo left, Lauren played all of the season in her preferred position in the halves and sometimes forward rectifying



last season playing full back (she hates it). Her excellent communication skills were a major benefit of the team and she was sorely missed by much of the team during her travels. Lauren always made sure our team was together and bonding.

## Anne Esler

(Super mum, skilful Half)

Anne was another member of the “super mums” who played hockey this year after recently having a baby. Her skills, tackling and hitting were a huge benefit for the entire season. On occasion playing some full back or forward when needed, she managed to get a sneaky goal in there as well. Anne was a valued member of the team.

## Isobel Sloan

(Knee falling to bits Utility Player)

After forgetting to put Isobel in the year book last year I wasn't going to forget her again (especially after the wrath I incurred last year). Isobel started the season with excellent form and was definitely devastated when she injured her knee early in the season which resulted in her being carried from the field. Her pre-emptive return saw her being carried off the field again and more time out from the team.

## Aisha Collins

(Air swinging, hard hitting Half)

Aisha was another new member to the team and as I believe one half of a “single organism” (Maddy was the other half) rarely seen apart which confirms my theory that they can't live apart. Aisha was a key part of our halves this year with good tackling and skills. Her hit was one of the best (when she connected) and passing skills were up there with the best.

## Maddy Novak

(Gun, super-fast, energetic flat stick Inner)

The second half of a “single organism” Maddy who like Tracey tackled a modest 10 million people this year with her flat indoor like tackles. Was rarely seen without her other half (Aisha) at games, dinners and social functions for the year. It's a worthy mention that her BFF (not her boyfriend) is an unofficial member of our team watching almost every game and even joining us

in the dugout (insert whip noise here).

## Kate “Katie” Smyth

(Workhorse, run-a-holic Centre Half)

Our official manager (taking over from her gal pal) Kate wasn't happy and very nervous about playing centre half. This quickly vanished and Kate's high work rate, good passing and tackling won her many votes and even got a goal this year (definitely the coach's stick and skill rubbing off on her). Kate didn't change much and was always first for a witty or sassy comeback whenever the opportunity arises to the fury of her coach.

## Sarah “Darty” Dart

(Unit, skilful, diving Inner)

Playing social with us as well we quickly realised Darty was our run and gun player who's only goal for the season (one of the best) came at the most opportune time. Her endless dedication to diving (sometimes when she didn't need to) resulted in her never having skin on her knees from the start of the season. She did miss a couple of games after Sheri broke her ribs (unsure if it was accidental).

## Ash Thompson

(Grace and speed of a pro sprinter Forward)

Our speed demon, Ash was constantly running and willing to play in any position. Ash played most of the season in the forwards helping the team with her lightning leads and windmill hits. Was committed for the season, she became more focused and possibly more aggressive after the tall-tees fiasco (which is only natural, they were tall-tees). Then found love at uni games of all places she dragged her significant other (Cara) to watch a lot of men's hockey.

## Cara Stones

(Pink and purple taped knees extraordinaire Forward)

Cara was another of our lethal forwards. Even though telling me multiple times that forwards wasn't her position Cara showed great ability for the position with her running and back stick traps. Always in the right position and giving our team someone to pass it to. Cara also played some halves which moved her away from her soul mate (Ash) which I could tell physically pained her.

## Emma Prime

(Super tall, long reach and strides Forward)

Emma was another new member of the SL1 team and cemented her position in the team early in the season by scoring a hat-trick in one of her first games. At one point in the season it seemed as though Emma was going to be our only goal scorer before the other girls joined the fun. Emma was the other member of the “super mums” coming to join Macca this year.

## Jess Howard

(Baby of the team, mad cricket deflecting skills Forward)

Jess that wasn't the goalie was another new and welcome addition to our team. Notable goals on the post which included a cut shot from waist height. Always hitting those good positions in the circle Jess quickly caught up in the goal tally to Emma with an unclear winner at the end of the season. Jess took over the gossip taking over from Kate last season making an in club hook up at bar rally to the amusement of all of the old crew in SL1.



# SL2 WOMEN



At the start of the year we started with a mixture of new and old players for what I consider one of the hardest competitions in Canberra. The Women State League 2 Grade has twelve teams competing with almost all the teams are of high standard. This made the games very competitive throughout the whole season and the team was very unlucky not to make the finals.

One of the issues the team had this year was fielding a consistent team as players went overseas for holidays became ill or were injured and of course there was a suspension as well. However the UC Spirit always allowed us to field a full team with many of girls in State League 3 filling in. One of the great things about this club is the depth of players we have playing women's hockey with most them willing to and able to play higher hockey. It was a bit frustrating that more of the SL2 girls were not given the opportunity to play higher and prove their skills.

I would like to thank all the girls that filled in for the team.

During the year we had some close games – a number of wet games – and of course who can

forget the Saturday Tuggernanong Game. I would tell you more but I am afraid I would get an official warning from Hockey ACT.

I only have this to say – we were very very unlucky – not to make the finals.

So let's introduce the team

## **Nikki Armstrong: 13 Games**

Nikki is one of the players that are always on the go with a cheerful smile. With willingness to play any position and give it a go. Nikki has a happy go lucky style hockey.

## **Loren Cousins: 12 games**

Loren seemed to shine this year when the sun was nowhere to be seen. A wet weather specialist when the field was flooded Loren was player you needed to play.

## **Paige Edwards: 15 Games**

Paige has certainly grown as a player this year improving her skills and strength as a player. Paige is definitely developing into a player that will be moving up in the club.

## **Sarah (Bav) Edwards: 20 Games**

Bav was Captain of the team. Solid reliable yet flexible able to play anywhere on the field Bav was moved into fullback position and commanded the defense. However when moved into the forwards proved she could still score a few goals. Bav did an outstanding job of leading the team.

## **Briana Fritsch: 11 Games**

Briana was a new addition to the team a solid defender who held her own. Unfortunately she missed a few games due to work commitments and a trip overseas. Hopefully next year she will play more games.

## **Sheridan Hall: 18 Games**

Sheridan was graded into SL2 but doubled up and played for SL1. I definitely think she had more fun playing in SL2 because we allowed her to play her natural game and roam in the forwards to score goals. Sheridan scored the most goals for the team.





### **Tracey Hasler: 19 Games**

Some would say I am pretty bias in what I have to say about Tracey. I guess I am and proud of it. Tracey played in centre and kept the team together. Tracey helped fill in for SL3 when they were short and even played a game with the men playing with two of her sons.

### **Jessica Howard: 10 Games**

Jess is a new player to the club she also doubled up and played for SL1 an overseas trip meant she missed a few games but whenever she was on the field she made an impact.

### **Laura Jakiwczyk: 17 Games**

Yet another new player for the club Laura moved across from Tuggeranong we won't hold that against her. She played mainly in the halves and was strong both in defense and attack. Laura was willing to fill in for SL3 and even run around with the men.

### **Simone McKenzie: 18 Games**

Simone seems to make stuff look easy or effortless as she runs down the field with her long legs. She had an outstanding year with the team and I hope learn't some good life lessons, such as you get more best and fairest points if you bring the lollie jar.

### **Rebecca (Bec) Neish: 15 Games**

Bec is a player that will always tell you what's on her mind never afraid to voice and opinion. Sometimes this gets her into trouble. I'll let Bec tell you why she was suspended this year. When not suspended Bec had a pretty good year. Though I still think she needs to run more.



### **Katherine Jessica Poyner: 17 Game**

Kat played men's hockey last year so this is her first year playing Women's hockey in Canberra. As goalkeeper for the team she did a fantastic job of stopping the opposition from scoring. She is always supportive of her team mates and is a great asset to the team.

### **Kellie Stewart: 10 Games**

Kellie is the silent achiever of the squad. A person of few words letting her actions speak for her. A knee injury meant Kellie could play a few games but Kellie still turned up to support the team.

### **Jillian Wade: 15 Games**

Jill returned to the club after playing for the club ten years ago. Her efforts on the field earn't her the Best and Fairest player even though she missed a number of games due to Army Reserve commitments. A strong fullback Jill supported the play all the way up the field.

### **Bianca Letki: 13 Games**

Bianca is always looking for another game of hockey so whenever the team was short I knew I could depend on Bianca. I don't know how Bianca kept on playing so many games of Hockey as it isn't the only sport she plays. I definetly think she is addicted to sport.

### **Caitlyn (Scout) Hall: 9 Games**

Scout turned upto a number of games to watch her sister play and saw that we were short so grabbed her gear and filled in. Scout worked so well with team and pretty soon became a regular. Next year I hope she will be a permanent member.



### **Clare Brasier: 5 Games**

Clare began the year strongly but than went on a holiday and never come back.

I would also like to thank the following girls that filled in throughout the season:

Meaghan Clack: 2 Games

Dannielle Curnow: 1 Game

Jessica Edington: 1 Game

Morgan Evans: 3 Games

Teah Fogarty: 1 Game

Zoe Mason: 1 Game

Sarah McCooey: 2 Games

Natalie Pearson: 3 Games

Dawn Vassel: 1 Game

Jessica Wotherspoon: 1 Game

Ashlee Malcom: 2 Games

Brianne Okeefle: 1 Game

Tam Bretton: 1 Game

# SL3 WOMEN



I can honestly say, no one has a team like my SL3 team. If you think you have a better bunch, you are very much mistaken. These girls have been faced with everything from being beaten up, injured to suspensions this year. But they copped it all on the chin and even better, not let it distract them from playing hard and having fun, both on and off the field.

The UCHC SL3 team has put up with a lot from their opposing teams. So much so that we had to develop a 'safe space' half way through the season. Despite this, the girls still struggled with the idea that there are somethings we can only say in a safe space.

Every Tuesday I would say I hated them all for making me come out into the cold to train, but every Tuesday they didn't disappoint. They trained hard and played harder all season. With a regular turn up of at least 10, these girls demonstrated commitment that plenty of other teams would be jealous about.

The year started a little messy for this team. Originally I was going to have a rest from coaching this year but when Adam took off to go

find love in Argentina and the girls were stuck with me again. This, and late drops coming from the higher grades, meant that the team was not set until week 6. After that, the girls showed true character to come together to play a terrific style of hockey.

These girls are individually brilliant. However, as a team they are even better. The saying that a team of champions will never beat a champion team certainly applies here. These girls played for each other week in and week out. I believe this bunch of girls could play much higher than they currently are.

Our competition is defined by 3 very good teams – ourselves, Tuggeranong and Central. These three teams were able to go through the competition only losing 3 games each, to each other. Unfortunately we finished the year in third, with only 3 games lost, but having 1 more draw than 2nd place. The girls also finished 12 points ahead of the fourth. As the girls know, I love stats. This year the girls averaged half a goal a game against them and averaged scoring over 2 goals a game.

This weekend we went into our preliminary final against Tuggeranong. While the game was tight, we ended up being knocked out with a 1 all draw. Thanks to a rule change, the girls were not able to go to penalty shootouts which I have no doubt they would have smashed. The girls also ended up with 10 undefeated games to finish the season. According to some, this is the way it should be. However, I will say it again - there needs to be a hard look at why a team who has not won a game in finals now get a grand final. And a team who are now undefeated for 10 in a row, miss out. This is the system most people want, but it makes no sense to me and it's a pretty crap way to end a great season. The results that have come this year are because of a terrific effort, the girls should be very proud.

The girls are easily the heart and soul of many of the social events this season, as proved by Ash at Christmas in July. I hope I see each and every one of you back next year to keep this yellow hockey club thriving and interesting for a little bit longer.

Cheers,

Mat





## Caitlyn 'Scout' Hall

Scout really grew as a layer this year. Our little attack dog who the girls often relied on to pick up their slack, the person who runs the most in the team and a smart, supportive team player, her diversity on the field elevated her to one of our strongest players this season. This season saw scout come to training a few times and saw her confidence and distribution game improve dramatically. Oh yeah, and she got some truly awesome goals too.. I would be very surprised if Scout remains an SL3 player next season, as she should move on to better things with a lot of her team mates.

## Danni Curnow

Danni made her return to the club this year, after appearing very briefly in the midweek competition when we started it back up. Danni was our most energetic full time full back. Her ability to read the play and intercept the ball gave us the ability to put a lot of pressure when we were in attack. Always willing to help her team mates learn, Danni backed Jess up as 'deputy morale lifter' this season. Danni should be congratulated on her ability to come into this team and become one of the most critical players

## Meaghan Clack

Meaghan took over from Ash in regards to meeting our 'falling over' quota this season. When she managed to stay standing, Meaghan was essential in the coordination of our team, particularly in defence. Her ability to read the



play and play as lazy, sorry, as smart as possible is unrivalled. Meaghan has the ability to make it look like the opposition is just running the ball into her every time and finishes it off with her on point tackles, or slightly off point but always outside of the circle. Anyone that knows Meaghan knows that if you mess with the SL3 team, you will hear from her. Loudly.

## Emily Fry

Emily definitely showed us what she was made of this year. Her strength on the ball, ability to read play and consistent effort saw her gel nicely with the rest of the core sl3 players. Emily had no problem playing to our 'smart, possession hockey' game plan this season and happily played and excelled where she was needed. I have no doubt that Emily is capable of really big things! She is more than capable of leading a team around the park next year. Well done Em!

## Ashlee Malcolm

Ash still did things her own unique way this season, however she fell over a lot less. Her ability to read the play and stay composed in the circle put her in her element this year. Ash filled in for our defence when they were all out injured and demonstrated she is also solid in defence. One day I will convince Ash she is actually a full back and that's not a horrible thing, but for now we are certainly enjoying her mad skills in attack.

## Anna Gabriel

Anna was another one of the girls that played both sl4 and sl3 this season. Riddled with health



issues and clashes with education commitments, Anna soldiered on this season. While Anna spent most of her time in the half line, at times this year we played Anna in the forwards, in the inners and even through the fullbacks. Anna's ability to take on these challenges should be commended.

## Jessica Edington

Ah, Jessica. The main reason I came back to coach this SL3 team this season, Jess really stepped up into a leadership role. Those that know me, know I never have a team captain but Jess came pretty close to it this season. Her understanding of the game and strategic thinking really took off as she became involved with mentoring many sl4 players and became the 'morale lifter' of the entire lower grade women's teams. Jess provided me with a complaint free, extremely skilled and reliable utility player that I thought we had lost when Tam abandoned us for Perth. And now I will finish up because that's the biggest compliment I can give someone.

## Charlotte Wilkinson

Charlotte's commitment needs to be commended this season. Playing for both SL4 and SL3, Charlotte never complained about anything she was asked to do. Her determination and reading of the play really saw Charlotte come into her own this season and it was awesome to see her go from strength to strength. Her strength in defence and ability to listen and follow through with such style will see Charlotte go far. She was another one that had to put up with a lot of crazy this season. Charlotte should be very proud and





confident of herself after her efforts this year. If she keeps developing her knowledge and keeps asking questions there will be big things to come.

## Zoe Mason

What can I say about Zoe. Lucky to have survived the season without being forcibly adopted by certain players, we love having Zoe around. After filling in for a few games, we eventually showed all our cards and begged her to play every week if she wanted to, and panic often spread when she couldn't make the game. Zoe should definitely be playing much higher hockey, her skills and reading of the game demonstrates this every time she takes the field. The patience and control on the ball is something that a lot of players could learn from and she is only 18!

## Katie Magee

At the end of every season, I am surprised to turn around and see that Katie survived another year with this bunch of Muppets. Probably our calmest, most consistent player, Katie provides some much needed composure in this team. Always locking down that left half and supporting play, Katie's hockey brain and skills speak for themselves, which is probably a good thing since

it's hard to get in a word with this team. I think I say it every year, but Katie is one of my favourite players she goes out and does her job works really hard and never lets anyone down.

## Morgan Evans (Mev)

Let's be honest, we all love to have a joke at Morgan's expense and that's the only reason we keep her around. In all seriousness, Morgan's commitment to hockey this year is to be commended. She has really stepped up both on and off the field to become one of our most valuable and most reliable players. She even managed to learn some rules along the way. Morgan's composure and fire led to some truly great goals and game results throughout the season and she should be very proud of her performance this season. Morgan is more than capable of playing much higher hockey and she demonstrated this when she filled in for the men this season. Morgan just needs to learn the right coaches to fraternise with in order to get the chance. Thanks for everything Morgan, from one mevans to another.

## Dawn Vassel

Dawn has really benefitted from some serious

mentoring by other goalies this season and her new found confidence and skills showed in her game this year. Easily one of, if not the best, goalie in the SL3 competition, Dawn unfortunately didn't get much of an opportunity to show everyone just how much she has improved this year. The girls quickly regretted egging Dawn on to be more aggressive at training as her slides and positioning promptly shut them down. Probably the only goalie furious that Hockey ACT removed shoot outs for semis and prelims, Dawn's attitude and commitment this season was once again, fantastic to see.

## Teah Foggarty

Teah was new to the club this season, but you would be forgiven for thinking she had been around for years. Teah didn't miss a beat coming into a team and fit well with the unique level of crazy the rest of the SL3 girls bring to the games. The team benefited from her speed and smart game play. We played Teah everywhere this year and she performed above and beyond what was expected of her. Teah is another player that deserves to be let loose in higher grade hockey to see what she can do.





## Bianca Letki

It is hard to find words appropriate to describe B's 2016 season. Once B finally got out of her tangled mess, she really stepped it up this year, both with her fitness and hockey skills. One of our core players, we managed to figure out that B was worth at least 1 goal every game, with the beautiful way she plays off her team mates and sets them up for some truly great goal chances. Her strength on the ball this season and ability to burn the opposition meant that she had a lot of people trying to take her out but she never let this get her down. B's patience on the ball was exactly what this team needed. She is safe and secure with the ball and doesn't throw it away, something she was able to share with her team mates. This skill is what we were able to base the team around. Easily my pick of player of the finals.

## Anneke Rebel

Anneke's ability to run the ball into the circle makes her a formidable opponent. Her speed and ability to read the play also makes her incredibly useful when we need to shut down specific opposition players. Even if she freaks out being put in a new position, she always has a positive attitude and performs flawlessly on the field... even if she does always run to the right before going forward. Anneke also moonlights as the team's physio. Anneke is always helping the girls with their bumps and bruises and was very missed when she went to hang out in orange for a while.



## Sonja Taylor

Sonnie is another one of our other fresh faces this year. Sonnie was also new to hockey in general and provided some good entertainment while she figured everything out. Always happy to do whatever, Sonnie's skills and knowledge have improved phenomenally throughout the season. You would not pick that she had never played hockey before, with her natural skill bringing us some much needed strength and speed in the inners and forwards. Her ability to cop a sledging from team mates and opposition alike made her the perfect fit with this crazy bunch. Unfortunately, Sonnie did all kinds of messed up things to her knee playing the sl4 grudge match and was ruled out of finals. She will back and firing next season, as she was a true pleasure to have around even if she would get a 'little short' with me from time to time.



Finally I need to say all my thank-yous. First up, thank you to Goggles for all your work with Dawn this year. It was incredible and very much appreciated. Thank you to all my fill-ins: Tracey, Laura, Kat, Kia, Amanda, Sheree, Angie, Simone, Courtney, Mel and anyone else who I have forgotten. Thank you to all our supporters, despite them constantly getting us in trouble with umpires. I would also like to thank Hockey ACT, without you the girls would have had a normal, calm, safe season and someone needs to bring the drama.

Cheers,

Mat



# SL4A WOMEN



This year SL4 had a mixture of new and familiar faces, which gave us a great balance of experience and youth. We had a great and fairly consistent season, finishing in the top four, unfortunately, bowing out in the first week of finals. We tended to start most games under the pump, with only a handful of the team being ready to run on to the field to start the game, with (most of) the rest of the team showing up by the end. We even tended to play better most games when we had no subs, with the girl's hard running and desperate defending!

It was a great season with a great bunch of girls, who were all willing to learn new tactics, skills and positions and developed to play as a strong and unified team, they should all be very happy with the way they played.

## Ange Arblaster

Ange, who played the season with two holes in her tights on her knees from a fall at the start of the season, has mastered the one hand trap when she appears to be nowhere near the ball! Ange had a go at many different positions this season, but it was great to have her experience and excellent trap in the midfield for us. Ange was the deserving winner of the best and fairest this year!

## Mel Ronald

Mel was one of the newcomers to the club this season, and it was a great first season for her. Mel runs as hard as the best of them in attack and defence and never gives up on the loose ball. Her great speed and positional sense often won us the ball and allowed her to pick up a few great goals this season. Mel's great season was reflected in the best and fairest voting, which saw her miss out by only a couple points.

## Helen Arnold

Helen battled on this season, seemingly playing either with an injured wrist or knee or turning up sick, but she still gave it her all this season and was a very strong defensive half. Even Helen's attacking passes were great, which surprised even her sometimes. Her great defensive skills made up for her switching teams and keeping for the other SL4 team when we played against each other.

## Charlotte Wilkinson

Charlotte had another great season this year, her great defensive and attacking skills, especially down the side line made her a great inner. She really stepped up during the back half of the season, making some great defensive saves and

setting up some goals for us.

## Kia Gorrel

Kia was a great addition to the team, her great positional sense and running along the base line, meant she always seemed to be right where the ball was going or rebounding to in the attacking circle. She was able to pick up a couple great goals, especially one great one in the first round of finals, and was unlucky not to have picked up more.

## Emily Fry

Emily was missed in the middle of the season while away on her overseas adventure. Emily is a player who has definitely developed this season and she excelled in the centre half position. She controlled the midfield excellently and was instrumental in linking our defence with our attack.

## Courtney Jamieson

Courtney was a late starter to the season, having been busy recovering from broken ribs and a collapsed lung, but she was quickly back on the field. Courtney is a strong player on the ball, and her hunger for the loose ball proved the difference for her, helping her to pick up some important and key goals throughout the season.

## **Paula Sheather**

Paula was definitely the loudest on the team and did well to organise the girls on the field, whether she was the full back or the high forward having a chat with the opposition's full back. She seemed to pick up an injury or a niggle most games, but it didn't stop her from playing on. Paula would have scored more goals if the opposition didn't keep trapping her shots with their feet, every time.

## **Tayla Collett**

Tayla was new to the club and hockey this season, and had really improved by the end of the season. We did miss her for a few weeks with she went off to get married, but once she was back Tayla quickly learnt the basics of being a good winger, to become a dangerous player in the attacking circle.

## **Harriet Williams**

Hatti was a valuable player in our defence, unfortunately she was another player we missed during the season. Luckily she came back at the end of the season and her ability to stop the clear the ball in the defensive circle were valued in the tough games for us.

## **Anna Gabriel**

Anna is a familiar face in and it was great to have her experience on the team. We love Anna's speed and determination, especially in defensive short corners. She is willing to play anywhere on the field and gives her all anywhere she plays. Anna has a great sense for being able to read a play.

## **Caitlin Stinson**

Caitlin, a new member to the club this season, quickly settled into the team and became an important defensive player with her great skills and speed. Unfortunately, she proved this when running out on a defensive short corner she got hit with the stick of the attacker on her knee. Having played the rest of the game, we later found out she had a fracture, she was definitely missed for the rest of the season.

## **Kate Hitchcock**

Kate was another new player who unfortunately, picked up an injury during the season forcing her to miss a chunk of it. It was unfortunate because Kate showed great speed and ability on the field, which we missed.

## **Kellie Stewart**

Kellie stepped up to play goal keeper for us this season when we didn't have one, even though she was already playing on the field for SL2. She did a great job for us, saving many crucial goals, and played a large role in our success this season.

## **Danni Curnow**

Danni was a very valuable player for us, filling in from SL3, she played most games as a regular player. Danni has great strength and skill in the back's and can often be seen organising the play and giving advice to some of the younger less experienced players. It was great to have Danni as part of the team.

## **Ashlee Malcolm**

Ash was our super sub from SL3, which was slightly ironic as she rarely actually got to sub off, she fortunately played most of our games for us. Ash has great skills as a forward, she runs well in support and often finishes scoring from a great attacking lead up. Ash is a dangerous attacker, which has made her our top goal scorer for the team.

## **Special Mentions:**

**Dawn Vassel** – Dawn helped us out at the start of the season and throughout, when we didn't have a goal keeper.

**Morgan Evans** – Morgan also helped to fill in regularly when needed throughout the season, picking up some crucial goals, and being a great source of entertainment for us.

# SL4B WOMEN



My first year coaching turned out to be a fun season, for me at least. It sometimes was a lot more work than I thought it would be. I'm thankful for the help I got from around the club during the season. I hope I did well and everyone enjoyed playing this season.

The girls played well this season, although the results weren't always what we had hoped for or deserved. The defence was always solid and the attack was also good. The one thing we had trouble with was scoring goals - we finished the season with only 16 goals scored but also only 29 goals against in 20 games. This left us in 8th place on the ladder out of 10 teams.

The start of the season was a bit chaotic. The team was still taking form, as not all players were graded yet, and it took a few weeks for the team to settle. Still, our gameplay was encouraging from the start. We won our first game in the second week against Old Canberrans.

When the full team started taking shape and the girls got used to playing together, they really showed what they could do. After a draw in the fourth week and two more wins against ANU and Tuggeranong, we were a couple of points off fourth place in the middle of the season.

In the second half of the season the girls were a little bit too nice to their opponents. Despite some good play, we didn't take our chances to win and walked away with four draws in five games. This dropped us further away from contention for finals.

Towards the end of season injuries and illness made it harder to get a full team together. The girls tried their hardest each game, even though we had to play short. Unfortunately it led to some tough losses. When we had a full team the girls really showed their class, and in week 18 they got their fourth win of the season against Tuggeranong.

The team seemed to bring out their best play against the higher ranked teams and showed they could compete against any team in this grade. They managed to get a win and two draws against the second and third ranked teams in our grade. Even Valleys, who were undefeated the whole season, needed to work hard to get a victory against us.

Overall, everyone on the team should be proud of how they played this year. Hopefully they can all come back next year and get the results they deserve.

## Helen Arnold

Helen's second season in goal proved again she's a reliable backstop in goal. She could always be heard loudly directing her defenders in the circle. She had a few spectacular saves and even managed to stop another stroke this year.

## Cadie Artuso

Cadie came back for a second season this year and had clearly improved over the summer. Although she was still a bit insecure about her skills, her move from inner to half showed her

to be a reliable defender. With two hands on her stick (it really does help) she regularly prevented goals and cleared the circle by herself.

## Susan Cuddy

Sue made her return to the hockey fields this year and as a coach I'm very glad she did. Playing as full back and centre half, she was usually in control of the middle of the field. She made everything she did in both defence and attack look easy. The season might have been a bit too long, though, as we missed her towards the end of the season because of injury.

## Suzi Foley

Suzi played centre forwards for us this whole season. She always gave everything she had on the field, sometimes against better judgement (hint: playing when injured is not always a good idea). I sometimes had to ask a little bit too much of her as we didn't always manage to field 11 players - but she still always gave her all. She also contributed the winning goal against Old Canberrans.

## Katherine Lickiss

Katherine was a new player to the club. She proved to be a reliable player in inners. She was always a calm player both on and off the ball, helping us gain control of the midfield. Unfortunately she couldn't make many games, but when she was there her influence was always noticeable.

## **Beth Logan**

Beth was a steady player at right wing who continued to show improvement from last year. Her positioning improved a lot over the season. She also showed her skills on the score sheet and was our team's top scorer this year. She also played a few games in inner towards the end of season after we lost a few players to injury, and stepped up to handle this role admirably.

## **Sheree Murray**

Sheree was one of our most consistent players. She was a reliable left half and could always be counted upon doing what was needed. She was the only player to play all games this season, sometimes even playing through illness. In her few games in the forward line she scored a goal to get us a draw. She might want to work a little on her goal celebration so that her coach actually knows the ball went in.

## **Chloe Nash**

Chloe was a new player to the club, brought in by her friend Sheree. One thing she always brought to the team was enthusiasm. She always looked to be having fun and gave her all doing so. She showed to be a reliable left wing contributing a few goals to our tally, which were always properly celebrated. Maybe she can help Sheree with this.

## **Amanda Prain**

After missing last season, Amanda returned to the hockey fields again this year. She proved again to be a solid defender. Her good positioning in the circle meant she often prevented the opposition from getting scoring chances.

## **Tegan Sharwood**

Tegan was once again a solid fullback. As always, she was a rock in defence. Her 16 yard hits were the start of many attacks for our team. Unfortunately she moved away to the NT for work and missed the second half of the season.

## **Sonja Taylor**

Sonnie was new to the club. She was also new to hockey, which probably very few people would have guessed. With a strong hit, good

stamina and a competitive attitude most people would think she'd been playing for years. She was a solid player in inners (although sometimes reluctantly) and on the forward line. Unfortunately we lost her at the end of the season with a serious injury. Hopefully the recovery goes well and we'll see her back on the field again next year.

## **Sharyn Thomas**

Sharyn was a solid player for us in the first half of the season. In centre half and inners she used her skills and speed to build up our attack and control the midfield. Unfortunately she had to drop out for the second half of season, but we're glad she helped us through some tough games.

## **Dawn Vassel**

Dawn played her second season on field and showed more improvement. Her seemingly untiring running in inner proved to be a nuisance to any opponent, sometimes to the point of frustration. Sometimes I would forget she does actually get tired and forget to sub her, for which I apologise. Her stick skills and passing also improved over the season, although maybe she should use her forehand a little bit more.

## **Jessica Edington**

Jess was one of our two regular fill-ins from SL3. She even stepped up to play goalie twice when Helen couldn't make the game. She showed her skills both in goals and on the field, and was a force to be reckoned with both in defence and the midfield. She sometimes told me she wouldn't be able to run much, but I think she forgot about that when she got on the field as I never noticed.

## **Teah Fogarty**

Teah was a new player to the club and new to hockey. She was our other regular fill-in from SL3 and helped us a lot this year. Playing with her mother, Susan Cuddy, she clearly showed the apple didn't fall far from the tree. She spent most games in centre half or inner where she showed a good feel for the game. She was good on the ball and always able to find her team mates.

## **Thanks**

We sometimes had trouble fielding a full team and had to call upon multiple different subs throughout the season. Thanks to Martina, Bianca, Meaghan, Danni, Katie, Zoe, Morgan, Anneke, Caitlin, Tracey, Kellie, Caitlyn, Anna, Tayla, Emily, Charlotte, Jess and anyone else I might have forgotten to mention for helping us out by playing for us this season.

Special thanks to Mat Evans, Meaghan Clack and Kendrick Duren for helping me out to find us players when needed and running the training sessions for our teams.

Also thanks for anyone who came to watch our games and provided the much appreciated support from the sidelines.

# SL1 MEN



I would like to start by saying how proud I am of this team for the work they did over the year. The year started with a challenging pre-season with number of new and returning players pushing for selection and a few of our "seasoned" team members prepared to make way for some fresh blood. Because of the number of changes to the team, I imagined that this year would be a rebuilding year, however, the hard work and skill of the team made me realise quite quickly that perhaps we didn't need to rebuild, just fine tune. With that in mind, the fact that we finished the regular season with a 18-1-1 record and finished up Minor Premiers is all the more special.

I need to thank all the team members for being such great humans and making my job both fun and rewarding (albeit with a little bit of swearing thrown in for good measure) and being super accommodating to my children whether I needed to nurse on the sideline or having our half-time talks were interrupted by "toilet breaks".

Thanks must also go to the amazing UCHC community. I feel very privileged to be a part of such a wonderful group of people who are happy

to go above and beyond to help each other out. A special thank you must go to:

The Stewart Family. Kelly, Janice and Malcolm were always prepared to help with the kids in any way they could so I could try to concentrate on our matches

Tessa and Alisha for helping out while I was on holiday (and Alisha for delivering my car key to Harrison when I left my husband and children stranded).

All the players who filled in for us when we needed you - Tessa, Stephen, Sarah, Robbie, Jen, Simon, Goggles, Skip, Forrest and Ben

The BOM who work tirelessly to make each season bigger and better than the year before (especially Lincoln for putting up with my appalling ability to respond to emails)

All our friends, family, and club members who make the effort to come out rain, hail or shine to support us

## Peter "Great Save" Carling

Pete did not have the busiest season this year but

he certainly stepped up when needed with some awesome clutch saves to keep our goals against to only six in 20 games.

## Tomas "Shins" Castillo

Tom was a great new addition to the team this year. His ability to make a great last ditch tackle and gain possession helped immensely in our transition from defence to attack. He did have a rough season with his shin splints having an affect on his ability to play some games, however, always did his best to get himself ready to get back on the pitch.

## Ryan "Mango Pizza" Dix

Another new addition to the team who had a steep learning curve to climb over the season. His dedication to training and improvement paid off scoring a couple of excellent goals. I am sure he will only get better as his confidence and strength on the ball improve.

## Jakob "Superman" Gisik

Jakob had another good season for us with two highlights coming to mind. Firstly, his opening





goal of the season and secondly, keeping both his knees in place for the year. Gis works tirelessly in our midfield and is pretty handy in the circle too. His ability to stay in the game and work back on turnovers was much improved this season and it made a positive impact on the team.

### Taylor “Piano Man” Green

Other than demonstrating his variety of skills at club functions this year, Taylor kept himself busy on the field as one of our top three goal scorers - a pretty gallant effort considering he spent quite a bit of time in our half line over the season. His skills are pretty to watch and he brings a great attitude to the team. A very deserving co-winner of our B&F for this season.

### Todd “Not Another Card” Hennessy

Todd is one of those players who is awesome to have in a team. His knowledge and ability to keep a cool head has been a particular help during this year, he was especially effective at managing to get me to calm down from 50ft away.

### Toni “Toni Special” Hennessy

Toni is one of our most experienced players and this year she took on a leadership role by organising and supporting our new forwards in our press. She is a very insightful player and has really helped me out over the year with her input into how things were travelling from a player’s point of view.

### Jackson “Toilet Roll Holder” Leckie

Jackson found himself with a slightly different role to play this year with many teams deciding to dedicate two or even three players to try stop his running game. This, combined with some very questionable umpiring decisions against him, made some games more than a little frustrating for him, however, his value to the team is



demonstrated by being in the top three for both goal scorers and B&F votes.

### Ian “Mellow Yellow” Morrow

Ian had another great season for us being our top goal scorer. He continued to alternate between the centre and our forward line and when he wasn’t busy

### Dean “(Disallowed) Goal of the Year” Stewart

Dean is one of the most consistent players I have had the pleasure of coaching and his dedication to the team is outstanding. Unfortunately, he is also a ball magnet and he had a couple of mishaps during the season. Luckily for us they were not too serious and their biggest impact was felt by the first aid kit.

### Daniel “Loose Cannon” Tuddenham

Tuddy was another new member of the team this year who has a rocket shot and when he remembered to turn up :) kept the opposition guessing. His laid (snap) back style added a different dimension to the team and he was always prepared to take on feedback and improve his game.

### James “Don’t Tell Leckie” Watson

James did a great job taking on the role of right half this year and his consistency in this position paid off co-winning our B&F award. His easy-going nature endears him to team members and his passion for improving his hockey makes him a pleasure to coach. I’m sorry you didn’t get a chance up forward this year but you did such a great job back there!

### Jacob “Whatever” Whiting

Jacob made an awesome transition to the team from SL2 this year. He was one of the most coachable players I have had the pleasure of



coaching and he always gave it his all on the pitch even if it was after only a few hours sleep. Always happy to do “whatever” I asked of him, a great addition to the team.

### Jarrod “Drug Test” Williams

Jarrod returned to the club this season, fit and ready to play. He was a very welcome addition to our defensive unit being able to play though the halves or backs. His sense of humour kept everyone guessing and although he had a slightly shorter season due to his European holiday, he was an asset to the team.

\* Just kidding Moz :) ...falling over goalkeepers his physicality added an extra dimension to our attacking circle. His ability to rev the team up with his catch cry before the game was also unparalleled.



# SL2A MEN



What a fantastic year this year has been for the SL2 men's team. Every year I am gifted with a fantastic bunch of guys who love their hockey, and love to have a good time. And this year has been no different.

The team had a bit of shuffling this year due to an influx of players and also the addition of the 2nd SL2 team. But what I walked away with, has made my life as a coach fulfilling and rewarding to say the least.

For the 2nd year in a row, we have walked away with the minor premiership and will challenge the other 3 teams with finals. We have been lucky to form a strong presence on the field conceding only 12 goals and scoring 68 goals. These results reflect the dedication and hard work that these guys have put in all year.

The SL2 guys are also known for having a good laugh and for having a great time off the field. The comradery shown with this team is something else. We have shared personal triumphs this year and supported each other when we needed our mates. Normally all done over a beer, or our love of Kirsty's famous fried chicken. She

may have regretted the week she was away and sent through a message of you can have 1kg of chicken per goal scored. She was surprised when I texted back that we scored 4 goals. But, she delivered and the sweet taste of chicken went down quite well the following week after another win in our competition.

## The Team:

### Cameron "but I wanted to touch the ball" Esler

Cam after hearing about the need for goalkeepers, decided to don the pads of defence this year after having a few years hiatus of keeping. But you would never have known. Week in, week out, he was consistent in his saves and adjusted to being able to slide tackle legitimately. Cam also had these rare moments where if he hadn't touched the ball, would decide to keep a ball. Normally these moments are no problem, but Cam would pick the one time when the opposition was running to get that ball and we weren't there to help. All because he wanted to touch the ball. Ah well, Cam would usually

make the save and then be told to "listen to the call." Cam, fantastic effort this year, you should be very proud of what you have achieved in your first year back as keeper

### Zeb "go-go gadget arms" Holt

Zeb is one of our longstanding members of the SL2 defensive line. And he has had another successful year. Zeb is dependable as our fullback, and carried the responsibility of subbing in to centre half when required. No matter where Zeb is, the reach that he has is phenomenal and would definitely make Inspector Gadget proud! Zeb, another fantastic season!

### Steve "I'm conflicted" Gee

Firstly, it feels so weird to write Steve, but anyway, it's probably really nice sometimes not to be referred to as Goggs. But anyway, Goggs is one of my utility players who can play anywhere, but hates being put at inner. However, I think the best way to sum up Goggs' year, is the text I received the week I was away, and had Todd fill in as coach- the text went along the lines of I





really like you as a coach, but I score goals when you are away. Todd allowed Goggs to play up in the forwards, whereas I normally have him in defensive roles. Goggs, you have had a fantastic season again, and filling in as keeper, you managed to keep the Cam Esler moment going.

### **Cameron “Mr Dependable” Mortimer**

Forrest made an impeccable transition in to the SL2 squad this year. He provided a solid defensive barrier for our team. He played wherever he was put in the defensive line and proved to be quite dependable with each game. Each week he was consistently in the top 3 for best and fairest and this reflects how dependable he was for the team throughout the season.



### **Mick “The fountain of Youth” Collins**

Mick migrates once a week from the coast to come and play with us. But this year, there was something different about Mick. Every game this year, he just got better and better. We are starting to think there is something in the waters, because he has played one of the best seasons of hockey, gave it to all the younger opponents. He moved so well this year and was fantastic as our centre half. He controlled the game well, and provides a solid structure to our team. But most of us are asking, Mick what's your secret? Is there the magical fountain of youth?



### **Jim “Mr Reliable” Winefield**

Jim is reliable in so many senses. Yes, he is reliable on the field and guaranteed to have a decent game every week. However, Jim is reliable in his fashion choices for training and for after the game. I don't think I have seen so many different jerseys from all different codes in my life. And it's rare that he will double up on his jerseys. There is normally a different jersey for every part of training or attire. It's always a



guess as to who he is going to be supporting, but guaranteed to always be wearing a jersey of some description.

### **Rob “Let Me Score a Goal” Ewans**

Rob is another one of utility players, able to play anywhere on the pitch. But this year he was hankering for that elusive goal. Always wanting to play forward. Always itching to get back out on the field. One game in particular, he made sure he was up in the goal, and slotted his goal for the season with seconds left on the clock.

### **Simon “Mr Bump” Gavin**

Simon had a great season, but missed a large chunk of games due to injury. After avoiding a skin graft and healing from a blast injury to his finger, Simon for the most part stayed out of harm's way. However, managed to still injure himself through some of the simplest things. Simon, although not accident prone in any way, certainly had his fair share of bumps and bruises. When on the field, Simon certainly proved to be an asset for our forward line. We hope that next year you lose the title of Mr Bump!

### **Chris “Mr Nice Guy” McNally**

Chris made the transition to the SL2 team with ease. He took on all the advice given to him to improve his game. And always played the game with a smile on his face. Chris would rarely lose the Mr Nice Guy tag, except with moments of pure brotherly love. Chris also provided some good laughs on variations for short corners. Here's to a cracker of a season Chris!

### **Paul “But I’m Not that Fit Coach” Harrigan**

Chief re-joined the club after having a few off. He played summer comp and loved it so much that he came back for the winter season. Chief along with most of the guys in the team had at



some stage played together and so he fitted back into winter hockey with ease. He played with everything he had, and despite all of his protests kept telling me that he isn't that fit, but in actual fact you are that fit. Welcome back to winter hockey, you had a fantastic season.

### Scott "Mr Quiet" Moore

Skip is the quiet assassin, quietly waiting for his opportunity to score goals and create havoc for the opposition. Skip has been dependable in his game throughout the season. It took a few weeks for Skip to find his voice and for the rest of the team to realise where he was up front, but after that moment, the havoc began and the goals for the forwards started flowing.

### Sean "Red Shorts" Willis

Sean entered the SL2 team this year and proved to be a mixed bag. He certainly improved throughout the season, and scored some fantastic goals. But when it comes to writing my blurb on him, it is really hard to just focus on one point. There are many things that could be said about Sean, in that we could talk about our philosophical discussions surrounding what makes someone racist, or the fact that he thought that some training drills were an excuse to throw overheads at him. However, the point that I will focus on, is his secret weapon red shorts and how they were going to be used to distract the opposition due to how tight they were. Despite being told how distracting they were at training, Sean continued to wear them for a few weeks. Sean you have had a fantastic season!

### Paul "the late call up" Cecere

Chech was the late call up after the season started, who wanted to come back to hockey. I think that Chief created this fairytale hockey team, and Chech wanted in. Chech slotted back in to winter hockey well and certainly made his



presence known with a hat trick of goals in the one of his games back.

### Barney "Farewell" Lee

This year saw Barney play his last game for UC. After taking up a job in Geelong, Barney played his final game against our SL2 counterparts and walked out to a guard of honour for his service to the club and our team. Barney certainly tells it how it is and has kept a close eye on our season from the south. Thankfully within the first couple of weeks before his departure, he got to play his beloved f@k\$ing ADFA c\*\$! And certainly made sure that they knew where UC stood! Barn, we miss you, and looked forward to everytime you were up in Canberra and came along to support us.

### Dave "the Captain" McNally

Dave has had another fantastic year as the captain of this team. He provides ongoing leadership and support to the team. This year, Dave will probably tell you that he lost his mojo a little bit. But that certainly changed when the bet was made as to who would be designated driver for pres night. So congratulations Dave, you might have won the bet, but Deso Dave just might stick for a bit!

After writing my blurbs for the guys, it feels like that I have created some editions to the Mr Men series. We will see if they end up in print, you never know!

As with every year, there are multiple thanks to be given. Firstly to all the wives, partners, children, relatives and friends that have come out to support our team this year. We thank you for giving up Saturdays and watching us run around like crazy. To Todd, thank you again for filling in as coach when I needed to be away. You certainly know the guys well, and they enjoy having the break from me every now and again. To all the players that filled in for us this year, we appreciate the extra games that you played



to ensure that we had subs on the bench. We appreciate that on those weeks you played twice, and we probably made you a bit sorer on Sunday than usual.

To Kirsty Holt. Thanks just does not seem to be the right word. You have given so much to the team again this year, and we truly appreciate all your hard work in making fried chicken. Providing food for your own children that Ivy seems to eat more of. You have given up every Saturday to be with us and help us out and as I said, thanks really is not enough for anyone else to comprehend what you have done for us as a team, and for me as a coach.

To Rhian. What can I say? You have given me the opportunity to continue doing something that I love. Thank you for looking after Ivy, for playing when needed, and for also being a medic. You have supported me through this wonderful journey that coaching gives me, and I am so thankful that you are by my side to do so.

To my SL2 boys, thank you for another fantastic season, and let's see what 2017 holds for us

# SL2B MEN



It's with mixed feelings that I write this last piece in a UCHC yearbook as I move interstate at the end of this year, finishing a 22 year association with the club. One of the things that reflecting over that time does, is to find comparisons and contrasts to the varied experiences I have had in the 42 years of playing this game. My role this year took me back 30 years to 1987 at HMAS CERBERUS, where I was a playing coach (and President and Treasurer!), bringing together a diverse group of Navy personnel together who had never played together and came together by season's end to take out the premiership that year. I am hopeful that history repeats itself for this wonderful group of UCHC players who deserve such success for their efforts at training and at games throughout the year. I have colloquially referred to them as a 'Bubble and Squeak' team, as the players have come from leftovers from three men's teams and have been augmented by Emma and Millie, for whom one game a weekend is just not enough. Like all good Bubble and Squeak, this playing group has blended together to provide a delicious and successful combination.

A curious fact is that of the 15 players in our team list, due to early season selections, injuries, work absences etc, the entire 15 didn't play together until the final round 20 of the normal season. Nothing like shared success for the finals series as we enter that campaign in third place and ready and eager to go the whole way. Another interesting fact is that in my 42 years of playing I have never played a season where we have not drawn any game in the round season – 20 games without a draw is amazing! Whatever the outcome in the finals, this team can be proud of the performances they have shown throughout the year and hopefully it forms the basis of another long-term successful UC team for years to come.

## The 2016 Spring Carnival Form Guide

### Lincoln "Linc" Green

An experienced keeper who always had insightful reflections to give the rest of us and was consistent in the pads all season, even though there were many games he didn't have much to do with them. Having Linc, our Club Teams and

Coaching Director, in our team was very helpful in administration matters to the sometimes forgetful coach. Likes to run from the back but has been known in other distances to be more of a front runner. Evidently has tender muscles, wearing a lot of hock, hoof and leg protection so well suited to whatever is thrown at him by the other runners.

### Kendrick "Kenny" Duren

No, not Kenny who steam cleans carpets. A club stalwart who has refined the art of the strategic 'nudge' in tackles. Deserved more cards than he received, especially for the one penalty stroke he took this year. A great player to have in deep defence who always stayed positive and encouraging those around him. He hustles his way around the back of the field but delights in bursting through to the front and attacking the front runners.

### Stephen "Hoody" Hood

Can't say much about this bloke. Reckons Canberra is too cold and is wuzzing his way to QLD for a tree change near the sea, that may or



may not involve goats. A plodder in the middle of the field. Look elsewhere.

### **Ben “I wasn’t shielding the ball” O’Sullivan.**

Great player to have interchanging between fullback and centre half each game. He is a calm and supportive player whose overheads passes out of defence and drag flicks at penalty corners were great assets. Inherits the “go-go gadget arm” title from Hoody. He is an excellent clubman and exemplifies the commitment that makes a club successful through his efforts as player, umpire and social event attendee. Likes to shift up and back through the field in each race and penetrate with pace at strategic times.

### **William “Billy” Douglas.**

The veteran campaigner who has the amazing ability to grow wings as the game gets tighter and he starts to flap his elbows about, to stake his space around the ball. Is recorded in OneSport as the only recipient of a card (green) this season. Bill provided his usual pre-match player profiles to assist the more recent players understand their opposition before running on. Fortunately avoided dropping trays of oysters on his foot during the season but did miss a few games in the first half due to ‘maintenance’ surgery on his knee. Brings recent premiership winning success into the Spring Carnival, despite not competing with his bloodline this year.

### **Millie “I can play 3 games a weekend but not at inner” Butt.**

Millie has been a wonderful asset both to this team and the club this year, especially in organising social events and supplies of alcohol. I was most thankful she offered to play with us early this year, not only to help us make a team early in the season but to provide versatility through wing-half and centre-half. She was well regarded by her team-mates. The only filly in the

field and has staying history. Will be amongst it at the end, especially if there’s the sniff of a cup.

### **David “Muz” Murray.**

Muz has been a very consistent player in his dedicated role at left half. He has been part of a tight defensive unit that has rarely been exposed on its left flank. His dedication was evident when he played a full training session in his suit, having forgotten his hockey clothes. He had great support from family and their cheering us all on was well received by all. Muz is a long-term campaigner who brings great experience and committed training into this Spring Carnival. Will respond well to the family stable-mates being around during this campaign.

### **Vaughan “Gumby” Barry.**

It was great to reconnect with Vaughan after so many years and to welcome him back into the playing ranks of the club mid-way through the season. He has willingly and confidently taken on the shared left half role with Muz and this is fitting given the long history they have shared over many years. Has shown great improvements in recent form after his long spell and is primed for a strong showing this finals campaign.

### **Matt “Time for a Hen?” Hewatt.**

Matt has provided great stability and strength in his midfield role this season and plays 100% in any position. His calm and consistent approach to the game and insights during debriefing sessions at “The Coop” have been instrumental to helping me in his role this year. Matt has also had to weather all digs on the domestic front for each miss-directed pass to Emma. Matt has continued his long playing association with Hoody at UC and in ACT Veterans over 22 years which will be sorely missed by both. This old timer is due a win after so many placings in many previous Group 1 campaigns.

### **Brendan “Brendo” Boyd.**

Brendan has relished his role in the midfield with his team and his fitness and presence in his opposition player’s face has helped the midfield achieve the dominance they have this year. He is always keen to learn, undertake any role asked and is an excellent tagger on key opposition players. Fit stayer who will run the race through.

### **Callum “Cal” Doherty.**

As a rookie player to UCHC, Callum has excelled in his first year in senior men’s hockey. He has gelled extremely effectively with Matt and Brendon in the midfield, played every game, regularly attended training and has the ability, fitness and game sense to play at a higher level. If this is the calibre of students we can attract to the club, the future looks very bright. Callum was a worthy recipient of my Coach’s Award for 2016. A very quiet runner who will strategically place himself in the field and inject appropriately.

### **Andrew “Andy” Martin.**

Andy approaches every game and training with enthusiasm, like every man who wears Dunlop Volleys should. He relishes a contest and, taking cues from what he must witness at the Legislative Assembly each day, likes to engage in vigorous debate with the umpire about contentious issues. After one game, where it was his turn to lead us on the pitch, he came off saying: “I like being captain because I can yell at the umpires”. Andy has relished the specialist right-wing role he has been given this year and developed a greater understanding of the defensive positioning and techniques of a forward. Andy’s consistent efforts saw him poll regularly in Best and Fairest votes, which he is a worthy recipient of. A sprinter who loves to lead the opposition all over the track. Will be running hard in his unusual shoes right through to the end of the race.





## Stephen "Birdy" Bird.

Stephen possesses high technical skills on both fore- and reverse-stick sides and is a hard runner up front. He has been a critical strike forward this year and plays the central striker with strength and confidence, who values all possession and wins many penalty corners. He too is capable of playing at a higher level and I would like him see him achieve that with this club. Stephen is in tune with the game at all times and has offered insightful feedback to me and his teammates. Will lead strongly from the front and will carry the head of the field with him right through the race. Look for a wicked strike move from the left side to leave his opposition reeling.

## Emma "Smash the ball in" Prime.

Emma has played her left striker role with enthusiasm and skill all year. She has blended well with the other forwards and has shown a strong connection to create opportunities for herself and the other forwards, scoring many excellent goals this season. She has been patient whenever the midfield thought she had longer arms than appeared. Emma has enjoyed being part of the family stable. A tall runner, she will be looking for pace in the race and an opening to strike when the gaps open up.

## William "Will" Rose.

Will has really appreciated and performed his role up front this year. He has great strength



on the ball and fiercely contests the ball in the circle to poach goals or win penalty corners. Will has a great strike when given time and space and hopefully this will be rewarded in the finals campaign. Will comes from a strong regional racing pedigree and the country track experience should see him hustle strongly at the end of the race to get over the line for a win.

Thanks to all those who filled in during the year (there were 18 of you and you know who you were), especially early in the season when we were struggling for numbers.

Well, that's my final season almost done. It's been a great pleasure to have played with and coached this team. To my fellow players, thank you for your commitment and enthusiasm all year and I hope that you can continue to enjoy success and camaraderie in future years, just like 2016 has provided us. To the BOM and all those who attended functions, drink beer, spectate and shout out at games, take photos etc, thank you for your contributions to the club spirit.

I will carry fond memories of this season and know that whatever shape my playing and coaching future holds on the Sunshine Coast it could never come close to what UHC has provided me over such a long time. I am glad to say that I enjoyed playing for "A Yellow Hockey Club".

Regards and best wishes for your future endeavours, individually and collectively.

Hoody



# SL3 MEN



## TEAM

Joe GARD (Goalie)  
Kenny DUREN (Full Back)  
Brad HASLER (Full Back)  
Ken PATTUGALAN (Wing Half)  
Josh EYERS (Wing Half)  
Bram De LAAT (Centre Half)  
Matt LUFF (Wing)  
Stephen MADDEN (Inner)  
Matt HASLER (Centre Forward)  
Alisdair ROBERTSON (Wing/Inner)  
Brendan TAYLOR (Wing/Centre Forward)  
Josh GOULD (Inner)  
Matt EVANS (Full Back/Goalie)  
Ash MALCOLM (Wing)  
Morgan EVANS (Wing)  
Bianca LETKI (Wing Half)  
Josh TUCKER (Inner)

We had a rough season with injuries and the inability to train together on the same night.

Some could train Tuesday, some could train only on Thursday. When you have these problems and the coach gets "crook" and couldn't coach the team on weeknights, you have a recipe for disaster.

However, to their credit they dug and toughed it out over the closing stages of the season and competed strongly in their matches. This says a lot for their character.

**Joe GARD** had a great season and directed the team well from the back.

**Kenny DUREN** was "VERY UNLUCKY" but gave his all throughout the season. He was an important leader and a steady "rock" in defence.

**Brad HASLER** was one of our mainstays as he was the "enforcer" with his power hitting and solid defence. The little fella has had a great season.

**Ken PATTUGALAN** is the iron man of the team. He has had so many injuries and took so many knocks, it was amazing that he survived the season. Despite this he proved an important

member of the team. Ken is as tough as they come and he is an inspiration to the team.

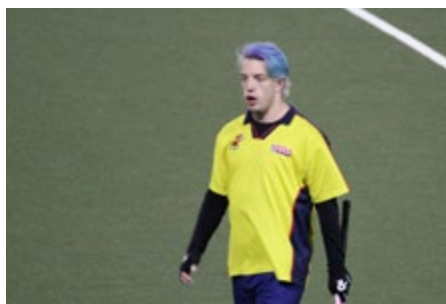
**Bram DeLAAT** has had a strange season. He was learning a new approach to playing centre half when the medical mystery of a coach went off the rails. With different directions being given on the field, Bram understandably was confused and had problems with his on field duties. He eventually overcame this and finished the season very strongly.

**Josh EYERS** was the quiet achiever and proved very effective providing that he was able to be subbed a couple of times during the game.

**Matt LUFF** proved to be an important player on the wing. He looked ungainly at times but was very strong out wide and linked up well with his supports.

**Bianca LETKI** was the surprise packet of the team. I was a bit concerned at first as to how she would measure up but she not only did that but she starred at right half. Her linking with the forwards was outstanding and her positional play was excellent.





**Josh GOULD** was a key attacking player who was always a threat in attack and was an important player in defence. A good attitude and a willingness to dig in and tough it out make him a player who has a lot to offer for UC in the future.

**Alisdair ROBERTSON**, alias Speedy Gonzales, was very speedy during the game, but not at getting to the game. His work rate is very good and he has a very bright future at UC. He is a quiet achiever but plays with tremendous determination.

**Josh TUCKER** had a very good season and is very versatile. He listens and focuses on his on field duties and adapts to new positions very quickly. Every team should have a Josh Tucker.

**Matt HASLER**, brother of "Bruiser" Brad, has a bit to learn but has the potential to develop into a very good centre forward. He has to learn to move and get free of the defenders but his skills and speed were important elements in our attack.

**Matt EVANS** "hammed" it up and while playing on one knee, did well to survive. He was our back-up goalie and proved effective when in the



forward line. If he can find another knee, he will be an important member of any team he plays with in the future.

**Morgan EVANS** was a great back up player for us. She didn't shirk her on field duties when the going got tough and took a few knocks along the way as well.

**Ash MALCOLM** was another big plus for us. Like Morgan, she toughed it out and was a reliable addition to our squad.

A special thanks to all players who filled in for us. I won't name them because of the risk of leaving someone out. I appreciated the whole hearted efforts of all those who helped out and without their support the season would have been a total disaster.

What can be said about the coach? He was sponsored by Medicare and was forced into retirement in the 1950s when the Kenmore Hockey Club deemed him a washed up hack and too old to play hockey. Since then he has gone downhill fast. He was the only player then that was eligible for a pension card while still playing.



When the Public Service realised his age they quickly kicked him out as well. What are his plans for next year? Well, his first priority is to be alive. After that it is still up in the air as he fights oncoming senility.

You will have noticed that I am talking about myself in the third person. That way I can pretend it's not me.

# SL4 MEN



## 'The Beer ship' Season Record

2016 was another year of ups and downs for the Beership. We narrowly missed out on finals (3rd year of finishing 5th) and showed enough glimpses of form through the year that suggested we could have challenged for the premiership if we had been a little more consistent. Our last game against ladder leaders Queanbeyan was a definite highlight as we pushed them all the way and came within a whisker of beating them and qualifying for the finals. Hopefully we can remember to play like this next year.

We started the season with a bang. 4 wins from our first 5 games had us in a great position but we couldn't sustain the run through the middle of the year. Our season opener against Tuggers was a corker with a fantastic hat trick to our leading scorer Rhian headlining. His B&F votes in this game were the most for anyone for the year and looked like we had found a reliable way to score some goals for a change. This was followed up by our biggest win for the year with a 4-0 thumping of ADFA. That was fun giving them a bucket load of running to do. Unfortunately this was a Friday

game and by the next day we were all a little weary and went down to Central. Damn those military guys and messing with the draw.

A couple more handy wins had us in good position before games against last year's grand finalists ANU and Queanbeyan. Whilst we lost both games there was a ton of spirit shown particularly against our friends from Queanbeyan. The rest of the season was a mixed bag and we just couldn't get that one extra win we needed.

We had our usual share of player movement during the year - injuries and unspecified absences took a few of our experienced players away but thankfully with the help of a few ringins we managed to get a full team on the park every week (thanks Linc!). We had around 26 players with game time in the end and I'd like to thank all of them for their efforts. Handbag award for the year is reluctantly given to Ian for his sustaining of the dreaded 'black balls' in his first game for the year. It was a horror blow below the waist that no man is happy to watch or hear about and all credit to him for backing up the following week (or when the swelling finally settled down ; ) ).

Discipline was again a highlight of 2016. First game and Linc managed both green and yellow cards. He managed quite a few during the year but wasn't alone. Even mild mannered Will managed his first ever card whilst playing. Admittedly he still isn't sure what he got it for. If we were to hand out an umpiring clanger award it would go to Leo from Dara for his late season performance when we played Wests. After one very clear mistake Linc politely asked him what a decision was for and Leo actually said "I've got no idea but I've blown it so just forget about it". Linc also managed a first and got some B&F votes for a game where he didn't get a card. The surprise was he didn't actually play in this game but a votes a vote.

I hope all the lads had as much fun playing this year as I did. Despite what seemed like 100 games at Kjar it was always a good way to spend a few hours on a Saturday (Friday/Sunday ect) and the spirit within the club seems to be really good at the moment. In finishing I wanted to acknowledge two players who left the club this year both of whom I have the utmost respect for.

Barry Lee is a friend who I played and coached with for a number of years. A true legend of the club and always at the heart of the Beer Ship. Justin Gainey played his heart out for the club for a number of years. I'll miss both of these boys on the park and at the pub after a game.

The season went by in a flash and I'm already champing at the bit for next year.

## 2016 season summary:

1	Tugg	Win	3-2
2	Central	Loss	0-2
3	ADFA	Win	4-0
4	St Pats	Win	4-2
5	Dara	Win	4-2
6	Quean	Loss	0-2
8	ANU	Loss	1-4
9	West's	Draw	0-0
10	Central	Won	6-0*
11	Dara	Win	6-0*
12	Quean	Loss	0-4
13	Tuggers	Loss	1-2
15	St Pats	Draw	1-1
16	West's	Loss	1-2
17	ADFA	Win	3-1
18	ANU	Loss	1-4
19	Quean	Draw	2-2
21	ANU	Loss	1-2

## Best and Fairest

Voted on by team members after each game. Each player gives six votes (in three, two and one format) for best on ground performance. Top three for the season 2016:

1. Wil (86) – our team loves to reward blokes who can run. A well deserved B&F for a guy that didn't stop running.
2. Rhian Blackwell (81) – always a threat up forward with his run at any cost approach. Some great goals!
3. Dave Smith (74) – whenever he played he ran heaps and harassed the opposition constantly.

## Coaches Votes

Voted on by the management team after each game (we forget about 'training'). This is a reward for effort and for working to help your team mates. Top three for 2016:

1. Justin Gainey (8) – in his last year Justin stood out of the park with his effort and support of the team.
2. Big Boy and Andrew Smith (7) – always encouraging others by their example on the field.

## Player Profiles

### Lincoln "Sneaky Balls" Green

Position: Midfield/Fullback | Goals: 2 | B&F: 43 | Coaches: 3

As always Linc was a driving force behind the team. Getting us on the park every week and firing us up. Also responsible for our fantastic Naidoc uniform. Never short of a word on the field and always willing to try and get his point across to the umpires. I don't know why they take it so personally! Even when he was having a chat to his team mates we copped a short corner against us. Keep working on those aerals Linc. We need 'em.

### John "...the Weapon" Lovejoy

Position: Fullback | Goals: - | B&F: 12 | Coaches: 4

Johns consistency week in week out is something we rely on. John's backswing seems to get higher every year but more often than not he connects with the ball and clears away the danger. If not then more than likely his opponent is cowering from fear of being hit. Both work equally well.

### Dan "the Man with the plan"

Position: Forward / Midfield | Goals: 3 | B&F: 42 | Coaches: 5

Dan is an ideas man. Despite injuries curtailing his influence this year Dan was always thinking on the field and off. Sometimes his thoughts drifted to his other recreational activities. Did you know that if you can see snow on the hills then there is a fair chance that there will actually be snow when you get there. This is the kinda thinking that forwards can do! Respect for Dan for showing up with his mob when the rain was pouring and he couldn't even play.

### Mat "Big Boy" Evans

Position: Goalie | Goals Saved: 511 | B&F: 46 | Coaches: 7

Despite a season ending injury early on in 2016, Big Boy kept on keeping for us and what a job

he did. He kept us in a number of games with his excellent reading of play and his supportive calling. Always quick to offer advice to the umpires he managed to get out us of trouble on countless occasions. Hope to see him firing injury free next year and able to reach left as well as right (or the other way round).

### Brett "Chunkers" Loiterton (Player Coach)

Position: The lazy back | Goals: 2 | B&F: 56 | Coaches: -

Probably my most consistent season for a few years. Only some minor injury niggles and the usual lateness to most games (and all the other admin that comes with being a manager/coach)

### Garth "Y-E-L-L-O-W" O'Connell

Position: Wing/Inner | Goals: 1 | B&F: 29 | Coaches: 4

Never short of a chant or two, Garth is always fun to be around. His effort on the park is matched by his support off it. Managed to annoy his opponents throughout the year and responsible for setting up a lot of our attack with his incisive running. More games next year please!

### Ian "Black Balls" McHenry

Position: Midfield | Goals: - | B&F: 26 | Coaches: 5

1st game and he suffered the low blow but he came back for another game. Ian returned to hockey after a (....insert a lot of years here) and showed that despite not knowing what the rules were (we did a mid game briefing from memory) this didn't stop him from enjoying a run around the park on a Saturday afternoon.

### Will "The Kid" Redmond

Position: Inner | Goals: 3 | B&F: 86 | Coaches: 7

Will had big boots to fill this year with his friend and midfield gun Aidan not pulling on the boots. We needed someone to run and boy did he do his job. You always need at least 2-3 guys to do the running and in a number of games Will took this on by himself despite numerous niggly injuries trying to derail him. A deserved winner of our B&F for the year.

## John “JB” Blood

Position: Wing / Midfield | Goals: - | B&F: 23 |  
Coaches: 5

Well JB has survived another year – and managed to put on some consistent performances on the park. An unselfish player who managed to hold his own against some rampaging attackers. Thanks also for taking a number of our umpiring commitments – I know I wouldn't want to umpire any of the bastards in our grade.

## Dave “One Handed” Smith

Position: Inner/ Midfield | Goals: 3 | B&F: 76 |  
Coaches: 4

Dave had a super year on and off the park in 2016. He played well and harassed the life out of his opponents. He was blessed by a lovely addition to his family who managed to join us for a few games in the dugout. Now that's commitment. We won't mention that he did forget about game v Wests on Carter on a late Saturday night. Lack of sleep will do that to you.

## Andrew “Smithy” Smith

Position: Left half | Goals: - | B&F: 23 | Coaches: 7

A picture of consistency on our left flank that is rarely beaten in a one on one contest. Always chasing down those flying wingers and making the life of the lazy fullback much easier. His ball distribution showed much improvement this year and I look forward to seeing the rock back in 2017.

## Rhian “Little Red” Blackwell

Position: Wing/Inner | Goals: 5 | B&F: 81 |  
Coaches: 4

Rhian was definitely fired up in 2017. Some say fatherhood mellows you but Rhian got a little angry in 2016. Need I say he is on the way to being our new Kenny (see I managed to get his name in somewhere)? Rhian was our focal point up forward and managed some cracking goals in 2016. He was always presenting and chasing down the impossible ball. A deserved winner of our golden ball award (which is definitely better than the black balls award Ian received).

## Justin “The Freak” Gainey

Position: Right Half | Goals: 1 | B&F: 45 |  
Coaches: 8

Our team had a plan. Go aerial. Linc was the instigator of this plan. Justin was the freak who could control these aerial masterpieces. Only one problem. Justin plays at Right Half and is normally behind Linc. Hmmmm. Time for a new plan. Justin left the Beer Ship late in 2016 but his efforts on the field won't be soon forgotten. He had a great year including a rare goal. Capped it off with the Coaches award for 2016.

## Brett “not the big one” Waldock

Position: Forward / Midfield | Goals: 1 | B&F: 20 |  
Coaches: 4

Brett managed that rare thing true forwards have a gift for – blowing the unmissable shot! Always managed to get himself in great positions and set up countless opportunities for his teammates. The Choccy Milk almost came off about 5 times and hopefully next year we will have enough practice that we will need to call it by another name.

## Dion “Crouching Tiger” DeVow

Position: Full Forward | Goals: 1 | B&F: 16 |  
Coaches: 2

Well the year ended with Dion unfortunately injured (I've heard this before) but his cameo performances were always worth watching. Dion took his preparation very seriously. Rd 11 at Kjar was a definite highlight when Dion rocks up with his Yoga mat. His NAIDOC tops (<http://www.darkiesdesigns.com.au>) were a highlight.

## James “Surge” Fergusson

Position: Inner/ Midfield | Goals: 2 | B&F: 14 |  
Coaches: 3

A handful of games weren't enough for us this year. Surge managed to impress whenever he took the park. No more did this stand out then in our last game where he played a defensive centre forward and scored two cracking goals against the ladder leader. I think we have a new role for you next year. Less time at Inner. We promise.

## Ken “Young Ken” P

Position: Inner/ Midfield | Goals: - | B&F: 23 |  
Coaches: 4

Ken was our irregular regular from SL3 who more often than not managed to get some great touches in the games he played. Always happy to share a story or two after the game you can trust Young ken to keep things interesting.

My thanks to all those who played minutes for us and helped keep us in games:

- Helen (9 B/F Votes)
- Goggs (8 B/F Votes)
- Tam (2 B/F Votes)
- Bram (2 Goals & 2 B/F Votes)
- Madden (4 B/F Votes)
- Ash (5 B/F Votes)
- Morgan (8 B/F Votes)

Finally – it was fantastic to see some more continuing success for the club across both mens and womens grades.



# MIDWEEK



The 2016 Canberra Cup Midweek team began the season with a team composed mainly of returning veteran players from our triumphant 2015 premiership winning team, leaving room for only 4 new (but very competent) recruits. Having 11 returning players gave the team a nice solid core to launch straight into the 2016 hockey season with, with our new recruits slotting right into their new roles in the team with ease.

This allowed us to get a very solid start to the season, and by just the 3rd round we had recorded 3 wins, with the 3rd being a 14-1 victory over United. This proved to be just a taste of the results to come, and by the end of the regular hockey season we had recorded 17 wins and only 3 losses. This proved to be just enough to secure us the minor premierships, which was a first for this group of players, despite having won the midweek premierships for 2 years running.

However, those 3 losses were against ANU1, our nemeses from our 2 previous years grand finals, and throughout the 2016 season they once again proved to be a thorn in our side. Our semi final against them didn't quite go according to plan, and despite a valiant effort to get back into the game after an early goal, ANU1 were able to secure a 3-0 victory in that match.

The following week, we were matched against Wests in the preliminary final. With a few small changes to our team structure, and the help of my brother David in running the bench, we were

able to come out of the gates much stronger this time, and absolutely dominate play for 70 minutes straight. And despite West's best efforts, by the final siren, the score read 6-1 to UCHC.

This win over Wests therefore qualified us for another grand final showdown with ANU1, for the 3rd year in a row. Bringing over our improved game plan from the preliminary final, and with every player in the team putting in 110% effort, we again had a very strong start to the match. After a couple of early missed short corner opportunities, the pressure proved to be too much for ANU, and we grabbed the much desired early goal. However, for the rest of the match, our opponents hung in there while we pummeled their defence. We consistently found our shots in attack sailing wide and our many attacking short corners not finding the net, not to mention a missed penalty stroke opportunity and a disallowed goal! Ultimately though, our consistent pressure wore ANU down, preventing their attack gaining any momentum. And when the clock finally hit zero the score was still 1-0 to UCHC!

This victory completes the Midweek Teams hat trick of premierships, with us now having won the last 3 seasons in a row, from 2014 to 2016. It is a fantastic way to finish a terrific season, and everyone in the team should be extremely proud of their efforts this year. Well done to the entire team, and thanks for all the laughs and beers along the way!

A summary of the 2016 Midweek season:

Round	VS	Score	Result
1	Belconnen	5-3	Win
2	Wests	2-1	Win
3	United	14-1	Win
4	ANU2	4-3	Win
5	ANU1	2-4	Loss
6	Belconnen	4-1	Win
7	Wests	3-1	Win
8	United	16-1	Win
9	ANU2	3-0	Win
10	Bye	N/A	N/A
11	ANU1	2-1	Win
12	United	5-0	Win
13	Wests	8-1	Win
14	Belconnen	2-0	Win
15	Belconnen	1-0	Win
16	ANU1	2-3	Loss
17	ANU2	3-1	Win
18	Wests	3-1	Win
19	United	10-3	Win
20	ANU2	6-2	Win
21	ANU1	3-5	Loss

Total: Win - 17 Loss - 3 Draw - 0

Goals: For - 98 Against - 32 Difference - 66

SF	ANU1	0-3	Loss
PF	Wests	6-1	Win
GF	ANU1	1-0	Win



## Simon Gavin

Goals: 5

One of the Midweek teams mainstays over the past 3 years, Simon again formed a vital part of our attacking lineup in 2016. Though an unlucky injury to his finger kept him sidelined throughout the middle part of the season, when healed, his returning form was like he had missed no hockey at all, even scoring the winning goal in the grand final!

## Tayler Green

Goals: 12

Having filled in for us several times throughout the 2015 season, Tayler was the first new addition to the team this year. With his lightning speed and silky smooth stick skills, he proved to be one of our most dangerous strikers throughout the season, who was especially effective at winning us many, many short corners throughout all our matches.

## Angus Gibson

Goals: 1

One of the new recruits for 2016, Angus was our goal keeper this year. Or, at least he was when his Ultimate Frisbee wasn't conspiring to keep him away! An excellent keeper with superb agility and reflexes, his performance, especially in the preliminary final, was simply magnificent to watch.



## Brooms (Sarah Broomhall)

Goals: 3

Another of our new recruits who played several games with us in 2015, Brooms turned out to be a terrific addition to our forward line this year. With her determined tackling and clever ball skills, Brooms proved to be a real headache for all our opponents defenders.

## Reita Holmes

Goals: 3

One of our new recruits in 2016, Reita has proven to be an awesome addition to the Midweek lineup this season. With her excellent stick skills, positioning, hitting and tackling, Reita fitted well into our existing defensive unit, becoming one of our mainstays at the back, while still occasionally sneaking up front to help nab a goal or two!

## Fingers (Sean Willis)

Goals: 2

One of returning champions from our victorious 2014 and 2015 campaigns, Fingers was once again a key player in the team this season, despite almost always missing the start of every game! Playing mostly as a forward or half, Sean's hockey abilities have continued to improve throughout the season, with his strength while in possession of the ball still being one of his exceptional traits.



## Bunny (Alisha Nolan)

Goals: 2

Another one of our returning mainstays from the past 3 years, Bunny has again had another terrific season of Midweek hockey. Though preferring to play up front when she could, Alisha excels in defence, and played a vital role in our defensive lineup throughout all our finals encounters.

## Inda (Millie Butt)

Goals: 2

One of our returning 2015 players, Inda has once again had a fantastic season in the forward line. Always giving 110% when on the pitch, Millie's impressive stick skills continued to befuddle our opponents defence, while her accurate striking and passes would set up many of our attacks.

## Seshy (James Watson)

Goals: 5

Another returning mainstay from the past 3 years, Seshy once again showed our opponents why they should fear the sight of the headband! His speed, stick skills, tackling and strength on the ball meant he would always excel in every position. However this year James was primarily our rock in defence, especially throughout the finals.





## Mitch Searle

Goals: 2

Returning again from the victorious 2015 team, Mitch has again proven to be a reliable player throughout the season, especially in his preferred position in the halves. His excellent fitness, ball skills and defensive work has proven crucial to the team's success throughout the entire season.

## Chris Ronan

Goals: 13

Chris's second year of hockey has proven to be as fruitful as his last, and his progress in learning the game has continued throughout this season as well. Playing up front for most of the season, Chris was regularly able to get to our opponent's goal post without notice, and then smack the ball in.

## Moz (Ian Morrow)

Goals: 13

Our go to centre half, Moz has once again had a superb season in that very crucial role. Moz's ability to tackle back, distribute the ball and eliminate opposing players goes hand in hand with his striking power when up front, especially when in our short corner battery.

## Turbo (Tessa Bailey)

Goals: 5

Returning for more Midweek fun in 2016, Turbo has again had a terrific season on the pitch. One



of our most versatile players, Tessa excels in every position she plays, which is useful when you ask her to play in just about all of them. Additionally, Tessa's endurance always impresses, she just never seems to stop running!

## Leckie (Jackson Leckie)

Goals: 20

Another one of our returning veterans from the winning 2014 and 2015 teams, Leckie was again a mainstay in our midfield. Possessing speed, skill and endurance in equal measure, Leckie was devastating in attack and defence, and as such, finished 2016 as our highest goal scorer.

## Tangles (Michael Christoff)

Goals: 7

That be me.

And a big thank you to all our fill in players from throughout the season:

That was - Pete Carling, Tom Castillo, Ryan Dix, Jenny Feltham, Steven Gee, Todd Hennessy, Toni Hennessy, Tania Jachi, Claudia Nielsen, Will Rose, Riko Santoso-Miller, Jacob Whiting, Meredith Bone (even though you weren't allowed to play) and anyone else I may have forgotten. Thank you all for helping us out in our times of need!

And last but not least:

I would just like to give another big THANK YOU to everyone involved with the Midweek team this year. Thank you to the BoM, to the fill ins, to the officials, to our supporters and to all the umpires



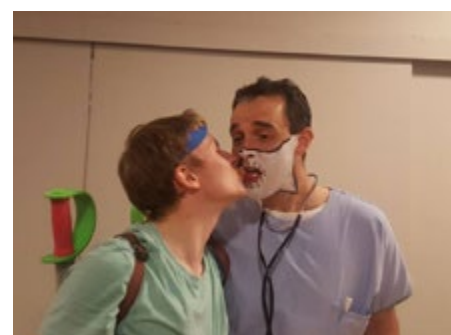
(with a special mention to Stephen Madden, for again helping me sort out those difficult self-umpired games). Also, a big thank you goes to my little brother, David Christoff, for coming along to our prelim and grand final games and running the bench for me, allowing me to just focus on playing hockey as well as possible in those 2 crucial final games. Lastly, I would just like to finish up by saying thank you to all my Magnificent Midweekers. 2016 has been another superbly fun and successful season of hockey for the team, and it has been a privilege and a pleasure to play with you all! See you next year!

Cheers,

Tangles

# SOCIAL DEVILS





# SOCIAL DEVILS





IS PROUDLY SUPPORTED BY:



